

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2024

## Carmel Manor St. Francis Terrace Activities

<p>9:30 Morning Stretch <b>10:00 MASS</b> 10:45 Hand Massages 3:30 Creative Coloring 6:30 Relaxing Music</p> <p><small>Daylight Saving Time Ends</small></p>	<p>3 9:15 Rosary 10:00 Morning Yoga 11:00 Balloon Toss 1:30 Nail Painting 2:30 Game Time 3:30 Dance Time 6:30 Relaxing Music</p>	<p>4 9:00 Rosary 10:00 Morning Yoga 11:00 Hand Massages 1:00 Bingocize 2:00 Bingo 3:00 Folding Laundry 6:30 Relaxing Music</p>	<p>5 9:00 Rosary 9:45 Morning Stretch 10:15 Arts and Crafts 2:00 Bingo 4:00 Reminiscing 6:30 Relaxing Music</p>	<p>6 9:00 Rosary 9:30 Baking Time 1:30 Balloon Toss 2:30 Puzzles 4:00 Games 6:30 Relaxing Music</p>	<p>7 9:00 Rosary 9:30 Baking Time 1:30 Balloon Toss 2:30 Puzzles 4:00 Games 6:30 Relaxing Music</p>	<p>8 9:00 Rosary 9:45 Morning Yoga 10:30 Hand Massages 1:00 Bingocize 2:00 Bingo 3:00 Happy Hour 6:30 Relaxing Music</p> <p><small>Diwali (Hindu)</small></p>	<p>9 9:30 Morning Stretch 10 Read the Chronicles 1:00 Balloon Toss 2:00 Ring Toss 4:00 Game Time 6:30 Relaxing Music</p>
<p>10 9:30 Morning Stretch <b>10:00 MASS</b> 10:45 Hand Massages 3:30 Creative Coloring 6:30 Relaxing Music</p>	<p>11 9:30 Rosary <b>10:00 MASS</b> 11:00 Veteran's Day Program 2:00 EMILY AND HER FAMILY BAND PERFORM IN THE ACTIVITY ROOM</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>12 9:00 Morning Yoga 10:00 Rosary 10:00 <i>Roberta Entertains</i> 11:00 Hand Massages 1:00 Bingocize 2:00 Bingo 3:00 Folding Laundry 6:30 Relaxing Music</p>	<p>13 9:00 Rosary 9:45 Morning Stretch 10:15 Arts and Crafts 2:00 Bingo 4:00 Reminiscing 6:30 Relaxing Music</p>	<p>14 9:00 Rosary 9:30 Baking Time 1:30 Balloon Toss 2:30 Puzzles 4:00 Games 6:30 Relaxing Music</p> <p><b>RUTH P.</b></p>	<p>15 9:00 Rosary 9:45 Morning Yoga 10:30 Hand Massages 1:00 Bingocize 2:00 Bingo 3:00 Happy Hour 6:30 Relaxing Music</p>	<p>16 9:30 Morning Stretch 10 Read the Chronicles 1:00 Balloon Toss 2:00 Ring Toss 4:00 Game Time 6:30 Relaxing Music</p>	
<p>17 9:30 Morning Stretch <b>10:00 MASS</b> 10:45 Hand Massages 3:30 Creative Coloring 6:30 Relaxing Music</p>	<p>18 9:15 Rosary 10:00 Morning Yoga 11:00 Balloon Toss 1:30 Nail Painting 2:00 Food Committee 3:30 Dance Time 6:30 Relaxing Music</p> <p><b>IRIS</b></p>	<p>19 9:00 Rosary 10:00 Morning Yoga 11:00 Hand Massages 1:00 Bingocize 2:00 Resident Council 3:00 Folding Laundry 6:30 Relaxing Music</p>	<p>20 9:00 Rosary 9:45 Morning Stretch 2:00 WILD CARROT PERFORMS 4:00 Reminiscing 6:30 Relaxing Music</p>	<p>21 9:00 Rosary 9:30 Baking Time 1:30 Balloon Toss 2:30 Puzzles 4:00 Games 6:30 Relaxing Music</p>	<p>22 9:00 Rosary 9:45 Morning Yoga 10:30 Hand Massages 1:00 Bingocize 2:00 Bingo 3:00 Happy Hour 6:30 Relaxing Music</p>	<p>23 9:30 Morning Stretch 10 Read the Chronicles 1:00 Balloon Toss 2:00 Ring Toss 4:00 Game Time 6:30 Relaxing Music</p>	
<p>24 9:30 Morning Stretch <b>10:00 MASS</b> 10:45 Hand Massages 3:30 Creative Coloring 6:30 Relaxing Music</p>	<p>25 9:30 Rosary <b>10:00 MASS</b> 10:45 Creative Hour 2:00 THE FABULOUS ANNE TAKEUCHI ENTERTAINS</p>	<p>26 9:00 Rosary 10:00 Morning Yoga 11:00 Hand Massages 1:00 Bingocize 2:00 Bingo 3:00 Folding Laundry 6:30 Relaxing Music</p>	<p>27 9:00 Rosary 9:45 Morning Stretch 10:15 Game Time 2:00 Bingo 4:00 Reminiscing 6:30 Relaxing Music</p>	<p>28 9:00 Rosary 9:30 Baking Time 1:30 Balloon Toss 2:30 Puzzles 4:00 Games 6:30 Relaxing Music</p> <p>Happy Thanksgiving</p> <p><small>Thanksgiving Day</small></p>	<p>29 9:00 Rosary 9:45 Morning Yoga 10:30 Hand Massages 1:00 Bingocize 2:00 Bingo 3:00 Happy Hour 6:30 Relaxing Music</p>	<p>30 9:30 Morning Stretch 10 Read the Chronicles 1:00 Balloon Toss 2:00 Ring Toss 4:00 Game Time 6:30 Relaxing Music</p>	