

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   |  |
|---|---|--|--|--|---|--|--|
| <b>Happy New Year</b><br>9:15 Rosary<br>9:30 Morning Stretch<br>10:30 Nail painting<br>3:00 Horse Races<br>4:00 Social Hour<br>6:30 Relaxing Music<br><small>New Year's Day</small> | <b>1</b><br>9:15 Rosary<br>9:30 Morning Stretch<br>10:30 Nail painting<br>3:00 Horse Races<br>4:00 Social Hour<br>6:30 Relaxing Music<br><small>New Year's Day</small>              | <b>2</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Folding Laundry<br>6:30 Relaxing Music      | <b>3</b><br>9:15 Rosary<br>9:45 Reminisce<br>10:15 Puzzles<br>10:45 Tea Time<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music  | <b>4</b><br>9:15 Rosary<br>10:30 Baking<br>1:30 Game Time<br>2:00 One Voice Entertains in Activities<br>3:00 Social Hour<br>6:30 Relaxing Music                  | <b>5</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music   | <b>6</b><br>9:30 Morning Stretch<br>10:30 Read the Chronicles<br>1:00 Balloon Toss<br>2:00 Ring Toss<br>4:00 Game Time<br>6:30 Relaxing Music<br><b>ERMA</b> |  |
| <b>7</b><br>9:30 Morning Stretch<br><b>10:00 MASS</b><br>10:45 Hand Massages<br>3:30 Creative Coloring<br>6:30 Relaxing Music   | <b>8</b><br>9:15 Rosary<br>9:30 Morning Stretch<br>10:30 Nail painting<br>3:00 Horse Races<br>4:00 Social Hour<br>6:30 Relaxing Music<br><b>BERNIE</b>                              | <b>9</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>2:00 Mike Pendel Entertains in CC<br>3:00 Folding Laundry<br>6:30 Relaxing Music | <b>10</b><br>9:15 Rosary<br>10:00 Morning Stretch<br>10:45 Hand Massages<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music  | <b>11</b><br>9:15 Rosary<br>9:45 Reminisce<br>10:15 Puzzles<br>10:45 Baking<br>1:15 Games<br>2:30 Coloring<br>3:00 Snacks<br>6:30 Relaxing Music                 | <b>12</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music  | <b>13</b><br>9:30 Morning Stretch<br>10:30 Read the Chronicles<br>1:00 Balloon Toss<br>2:00 Ring Toss<br>4:00 Game Time<br>6:30 Relaxing Music               |  |
| <b>14</b><br>9:30 Morning Stretch<br><b>10:00 MASS</b><br>10:45 Hand Massages<br>3:30 Creative Coloring<br>6:30 Relaxing Music  | <b>15</b><br>9:15 Rosary<br>9:30 Morning Stretch<br>10:30 Nail painting<br>3:00 Horse Races<br>4:00 Social Hour<br>6:30 Relaxing Music<br><small>Martin Luther King Jr. Day</small> | <b>16</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Folding Laundry<br>6:30 Relaxing Music     | <b>17</b><br>9:15 Rosary<br>10:00 Morning Stretch<br>10:45 Hand Massages<br>11:15 Protestant Service<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music                                      | <b>18</b><br>9:15 Rosary<br>9:45 Reminisce<br>10:15 Puzzles<br>10:45 Baking<br>1:15 Games<br>2:30 Coloring<br>3:00 Snacks<br>6:30 Relaxing Music<br><b>PATTY</b> | <b>19</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music  | <b>20</b><br>9:30 Morning Stretch<br>10:30 Read the Chronicles<br>1:00 Balloon Toss<br>2:00 Ring Toss<br>4:00 Game Time<br>6:30 Relaxing Music               |  |
| <b>21</b><br>9:30 Morning Stretch<br><b>10:00 MASS</b><br>10:45 Hand Massages<br>3:30 Creative Coloring<br>6:30 Relaxing Music<br><small>Activity Professionals Week</small>        | <b>22</b><br>9:15 Rosary<br>9:30 Morning Stretch<br>10:30 Nail painting<br>3:00 Horse Races<br>4:00 Social Hour<br>6:30 Relaxing Music  | <b>23</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Folding Laundry<br>6:30 Relaxing Music     | <b>24</b><br>9:15 Rosary<br>10:00 Morning Stretch<br>10:45 Hand Massages<br>11:15 Protestant Service<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music<br><small>Tu B'Shevat Begins</small> | <b>25</b><br>9:15 Rosary<br>9:45 Reminisce<br>10:15 Puzzles<br>10:45 Baking<br>1:15 Games<br>2:30 Coloring<br>3:00 Snacks<br>6:30 Relaxing Music                 | <b>26</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music<br><small>Australia Day (Observed)</small> | <b>27</b><br>9:30 Morning Stretch<br>10:30 Read the Chronicles<br>1:00 Balloon Toss<br>2:00 Ring Toss<br>4:00 Game Time<br>6:30 Relaxing Music               |  |
| <b>28</b><br>9:30 Morning Stretch<br><b>10:00 MASS</b><br>10:45 Hand Massages<br>3:30 Creative Coloring<br>6:30 Relaxing Music  | <b>29</b><br>9:15 Rosary<br>9:30 Morning Stretch<br>10:30 Nail painting<br>3:00 Horse Races<br>4:00 Social Hour<br>6:30 Relaxing Music  | <b>30</b><br>9:15 Rosary<br>9:45 Morning Stretch<br>10:30 Hand Massages<br>1:00 Bingocize<br>2:00 Bingo<br>3:00 Folding Laundry<br>6:30 Relaxing Music     | <b>31</b><br>9:15 Rosary<br>10:00 Morning Stretch<br>10:45 Hand Massages<br>11:15 Protestant Service<br>2:00 Bingo<br>3:00 Social Hour<br>6:30 Relaxing Music                                      |   |   |  | <b>Carmel Manor St. Francis Terrace Activities</b> |