



September 2021

"Now More Than Ever" *The Difference Is Love*

Issue 9

Check out the monthly  
Calendar for September 2021

**NO Mass Scheduled for  
general public  
10 am Resident ONLY**

Please see our visitor  
guidelines P.6



*Sponsored by the Carmelite Sisters, whose sole mission is to care for the aged and infirm. That mission informs everything we do: every policy we set, every staff person we hire, and every moment of every day. We offer five levels of care in our Ft. Thomas, Kentucky facility: personal care and skilled nursing care, rehabilitation, memory and long term care. In addition to meeting the physical, social, spiritual, and personal needs, our staff works to connect personally with each resident, and get to know their story.*

## Carmelite Sisters for the Aged and Infirm



Sr Pauline

Sr Alice

Sr Monica



## September Birthdays

**Marjorie F.  
Mary Ann S.**

### **CARMEL MANOR WE ARE HIRING**

**Do you want to work in a Catholic Home  
that values each individual Person?**

**Join us at Carmel Manor  
“The Difference is Love”.**

CNA (Certified Nurse Assistants) Day shift  
7a-7p or 7p-7a  
Housekeeper – Day Shift  
Cook- Day Shift

Benefits: Health Insurance, Vision, Dental,  
Paid time off and more  
Benefits available for Part Time Employees

Contact Kaleigh Dyer in Human  
Resources  
at 859.781.5111 ext. 218 or 859-  
444-7162  
or [kdyer@carmelmanor.org](mailto:kdyer@carmelmanor.org)  
[www.carmelmanor.org](http://www.carmelmanor.org)



“If you are kind in thought, word and deed,  
you will bring peace no matter where you  
go.”

Venerable Mary Angeline McCrory

*Carmel Manor admits all persons without regard to race, color, age, physical handicap, national origin, religious preference or sex and makes available to all such persons all facilities and programs of Carmel Manor.*

## *A Prayer for the Deceased*

*O God, Creator and Redeemer  
of all Your faithful people,  
grant to the souls of  
all our faithful departed  
Your mercy, light and peace.*

*Lord, we pray that those we love  
who have gone before us in faith,  
may know Your forgiveness for their sins,  
and the blessings of everlasting life,  
in company with the Virgin Mary  
and all the angels and saints in heaven.*

*Amen.*

### In memory of our former residents

Thank you to families who mentioned Carmel Manor in remembrance of  
their loved ones "In Lieu of Flowers"

Mary Wulfeck



# PLEASE PROTECT YOURSELF AND COWORKERS FROM COVID-19



Public Health  
Seattle & King County 

Stay home if you have any of these symptoms:



Wash your hands often for 20 seconds.



DO wear a face covering safely.



Tighten the loops or ties so it's snug around your face, without gaps.



Mask should cover from just under the bridge of your nose to under your chin.

- ✓ Always wash your hands before and after wearing a mask.
- ✓ Use the ties or loops to put your mask on and pull it off.
- ✓ Don't touch the front of the mask, especially when you take it off.
- ✓ Put on and remove your mask while inside your home. Public transportation, elevators and stairwells can be high-contamination areas.
- ✓ Wash and dry your cloth mask daily and keep it in a clean, dry place.
- ✓ Remember that masks offer only limited protection and work best in combination with hand washing and physical distancing.



**DON'T:**  
Wear the mask below your nose.



**DON'T:**  
Leave your chin exposed.



**DON'T:**  
Wear your mask loosely with gaps on the sides.



**DON'T:**  
Wear your mask so it covers just the tip of your nose.



**DON'T:**  
Push your mask under your chin to rest on your neck.

## Palliative Care and Dementia Care

In providing Palliative Care we also include Dementia Care and helping family members and staff understand more about dementia and how to communicate.

First, is the question of What is Dementia:

- It is a set of symptoms affecting intellectual abilities including memory, language, judgement, and reasoning.
- Symptoms are severe enough to interfere with a person's ability to manage daily functions such as managing finances, household duties, work or leisure activities, etc.
- Alzheimer's disease is the most common cause of dementia, but other diseases can cause dementia (such as Parkinson's Disease, Stroke, Vascular Disease).

From a Palliative Care point of view, communication technique is important in dealing with someone with Dementia. It is important to remember that we are still talking to an adult, someone who is experiencing a change in ability to understand their surroundings and needs.

Secondly, what approach helps in communicating with someone with Dementia:

- Approach from the front and introduce yourself (even when you may be well known to the person)
- Take things slow – try not to rush
- Ask simple questions – make simple statements
- Limit "reality" checks
  - It is difficult to reorient someone with dementia – their perception is different than yours
  - Enter "their world", it ok to talk about the person that or thing that they think is next to them. They may think you are a family member, it's ok.
- Keep eye contact, and a friendly expression. Those with dementia are still able to read body language better than what is being said
- Use a calm soothing voice, but do not talk "down" to the person
- Reduce distractions when possible

We are always willing to talk with family members and staff to answer questions they may have about Palliative Care and/or Dementia. We thank you for entrusting the care of your loved one to Carmel Manor. If you have any questions, please feel free to contact our Social Services Department at 859-781-5111 ext. 214 or email Merrie Hagemann at [mhagemann@carmelmanor.org](mailto:mhagemann@carmelmanor.org).

"The Difference is Love"

Merrie Kay Hagemann, MSW, CSW  
Social Services Director

Dear Families & Friends,

I would like to take this opportunity to remind all our visitors of our current visit guidelines. These guidelines are in place so that we can keep our residents, staff, and visitors safe due to the increase in community COVID cases.

Thanks for your cooperation and for helping to keep our residents safe and healthy!

1. Only two visitors at a time.
2. Visitors cannot head “back” or enter the units without nursing staff permission; any staff can assist/escort with walking a visitor back once the unit states the area (whether the private room, parlor)
3. Staff can escort/assist the patient to the lobby if visiting outside.
4. If family members are in the building, they MUST remain masked and CANNOT go to shared spaces (dining rooms, etc).
5. If the family members- even when outside, are not socially distanced they must wear a mask. Family is not allowed to remove masks while in the building.
6. Family cannot eat while visiting.
7. The resident must wear a mask, unless eating, during entire visit.
8. Family cannot be in the rooms of a semi-private room.
9. Children under 12 may not enter the building.

Visitors must be screened at the front desk and sign the visitor log. If residents are leaving with the families, the families must be screened at the front desk and complete the resident sign out log.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Rosary 10:00 TV MASS 11:00 Ball Toss 2:15 Bingo 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Volleyball 4:00 Happy Hour 6:30 Residents Choice	9:30 Rosary 10:00 TV MASS 10:00 Cheer Visits 2:15 Bingo 3:15 Happy Hour	9:30 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour
10:00 TV MASS 2:00 Cheer Visits 4:00 Happy Hour <b>MARJORIE F.</b>	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Labor Day Matinee 4:00 Happy Hour <small>Labor Day Rosh Hashanah Begins</small>	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Puzzles and Trivia 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:00 Pink Panther Movie 2:15 Bingo 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Volleyball 4:00 Happy Hour 6:30 Resident's Choice	9:30 Rosary 10:00 TV MASS 10:00 Cheer Visits 2:15 Bingo 3:15 Happy Hour	9:30 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour
10:00 TV MASS 3:00 Celebrating Grandparents with an Ice Cream Social <small>Grandparents Day</small>	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Resident Council 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 11:00 Ball Toss 2:15 Bingo 4:00 Happy Hour <small>Yom Kippur Begins</small>	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Volleyball 4:00 Happy Hour 6:30 Resident's Choice	9:30 Rosary 10:00 TV MASS 10:00 Cheer Visits 2:15 Bingo 3:15 Happy Hour <b>MARY ANN S.</b>	9:30 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour <small>Oktoberfest Begins</small>
10:00 TV MASS 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour <small>Sukkot Begins</small>	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Puzzles and Trivia 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 11:00 Cheer Visits 2:15 Bingo 4:00 Happy Hour <small>Autumn Begins</small>	9:30 Rosary 10:00 TV MASS 10:30 50" s Sock Hop 2:00 Grease-Movie 4:00 Happy Hour 	9:30 Rosary 10:00 TV MASS 10:00 Cat and the Girls Craft 2:15 Bingo 3:15 Happy Hour	9:30 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour
10:00 TV MASS 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Puzzles and Trivia 4:00 Happy Hour <small>Simchat Torah Begins</small>	10:00 Ball Toss 11:00 Cheer Visits 2:15 Bingo 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Volleyball 4:00 Happy Hour 6:30 Resident's Choice	All activities will take place On St. Joseph Terrace. If you Have any questions, please Ask anyone in Activities. Thank you. 	

Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111 [www.carmelmanor.com](http://www.carmelmanor.com)

activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Ball Toss/Puzzles 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Cheer Visits 4:00 Happy Hour 6:30 Residents Choice	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Cheer Visits 3:15 Happy Hour	10:15 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour
10:00 TV MASS 2:00 Cheer Visits 4:00 Happy Hour <b>MARJORIE F.</b>	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Labor Day Matinee 4:00 Happy Hour <small>Labor Day Rosh Hashanah Begins</small>	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Tricky Trivia 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 The Pink Panther Movie 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Cheer Visits 4:00 Happy Hour 6:30 Residents Choice	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Cheer Visits 3:15 Happy Hour	10:15 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour
10:00 TV MASS 3:00 Celebrating Grandparents with an Ice Cream Social <small>Grandparents Day</small>	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Resident Council 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Ball Toss/Puzzles 4:00 Happy Hour <small>Yom Kippur Begins</small>	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Cheer Visits 4:00 Happy Hour 6:30 Residents Choice	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Cheer Visits 3:15 Happy Hour <b>MARY ANN S.</b>	10:15 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour <small>Oktoberfest Begins</small>
10:00 TV MASS 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour <small>Sukkot Begins</small>	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Tricky Trivia 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Ball Toss/Puzzles 4:00 Happy Hour <small>Autumn Begins</small>	9:30 Rosary 10:00 TV MASS 10:45 Grease-Movie 1:00 50's Sock Hop 	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Cheer Visits 3:15 Happy Hour	10:15 Morning Stretch 2:00 Saturday Matinee 4:00 Happy Hour
10:00 TV MASS 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:00 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Tricky Trivia 4:00 Happy Hour <small>Simchat Torah Begins</small>	9:30 Rosary 10:00 TV MASS 11:00 Bingo 2:15 Ball Toss or Puzzles 4:00 Happy Hour	9:30 Rosary 10:00 TV MASS 10:45 Morning Stretch 2:00 Cheer Visits 4:00 Happy Hour 6:30 Residents Choice	All Activities will take place on St. Therese. If you have any questions, please ask anyone in activities. Thank you. 	

Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111 [www.carmelmanor.com](http://www.carmelmanor.com)

activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>September 2021</h1> <h2>Carmel Manor Personal Care Activities</h2>						
9:30 Rosary 10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour <b>MARJORIE F.</b>	9:30 Rosary 10:00 MASS 10:00 Cheer Visits 1:00 Labor Day Movie 3:45 Happy Hour <small>Labor Day Rosh Hashanah Begins</small>	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Tricky Trivia 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Crosswords 1:00 <b>Bingo</b> 2:00 <b>Pink Panther</b> Movie 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Volleyball 3:45 Happy Hour 6:30 Resident's Choice	9:30 Rosary 10:00 MASS 10:30 Visits /Crafts 1:00 Bingo 3:00 Happy Hour	11:00 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour
9:30 Rosary 10:00 MASS 2:00 <b>Celebrating</b> <b>Grandparents</b> <b>with Ice Cream</b> <small>Grandparents Day</small>	9:30 Rosary 10:00 MASS 10:30 Nail Clinic 2:00 Cheer Visits 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 <b>Resident</b> <b>Council</b> 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Crosswords 1:00 Bingo 3:45 Happy Hour <small>Yom Kippur Begins</small>	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Volleyball 3:45 Happy Hour 6:30 Resident's Choice	9:30 Rosary 10:00 MASS 10:30 Visits /Crafts 1:00 Bingo 3:00 Happy Hour <b>MARY ANN S.</b>	11:00 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour <small>Oktoberfest Begins</small>
9:30 Rosary 10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:30 Nail Clinic 2:00 Cheer Visits 3:45 Happy Hour <small>Sukkot Begins</small>	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Tricky Trivia 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Crosswords 1:00 Bingo 3:45 Happy Hour <small>Autumn Begins</small>	9:30 Rosary 10:00 MASS 2:00 <b>50's Sock Hop</b> 	9:30 Rosary 10:00 MASS 11:00 Pat and the Girls Craft 1:00 Bingo 3:00 Happy Hour	11:00 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour
9:30 Rosary 10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:30 Nail Clinic 2:00 Cheer Visits 3:45 Happy Hour <small>Simchat Torah Begins</small>	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Tricky Trivia 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Crosswords 1:00 Bingo 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Volleyball 3:45 Happy Hour 6:30 Resident's Choice	Most activities will take place in Carmel Corner- the activity room, or the main dining room if you have questions, please ask anyone in activities. Thank you.	
Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111 <a href="http://www.carmelmanor.com">www.carmelmanor.com</a> activities are subject to change						





## NEWS AROUND “CARMEL CORNER”

From the desk of Tony Bonomini, Director Development & Marketing

“”THANK YOU””

SUPPORT OUR MISSION TO CARE “NOW MORE THAN EVER”

THE DIFFERENCE IS LOVE



You can support Carmel Manor via cash donations and a number of other methods of contribution:

**Shopping Rewards, Memorials, Appeals, Bequest, Wills / Trust, Cash Donation Capital Needs.**

**Amazon Smile:** Amazon customers can support Carmel Manor each time they shop. Log on to [www.smile.amazon.com](http://www.smile.amazon.com) using your regular Amazon credentials and select Carmel Manor. Once you are signed up, 0.5% of your subsequent purchases on smile.amazon.com will come to Carmel Manor.

**Kroger Community Rewards:** Carmel Manor can benefit every time you shop at any Kroger store in the Northern Kentucky and Greater Cincinnati area. Enroll your [Kroger Plus Card](#) and enter our member number (94557 ). (Does not impact your fuel points!)

**Memorials:** We are grateful to the family members who mention Carmel Manor in their loved ones Obituary

**Bequest / Wills & Trust: Contact Tony Bonomini at [tbonomini@carmelmanor.org](mailto:tbonomini@carmelmanor.org) 859.781.5111 x 267 for more info.**

### BEQUEST

You designate Carmel Manor as the beneficiary of your asset by will, trust or other instrument. Already have a designated gift to Carmel Manor in your will? Let us know who it is in remembrance of by contacting Tony Bonomini at 859-781-5111 x267

### IRA ROLLOVER

Congress recently enacted a permanent extension of the IRA Charitable Rollover. As a result, you can make an IRA rollover gift in 2021.

### CHARITABLE GIFT ANNUITY

You transfer your cash or appreciated property to Carmel Manor in exchange for our promise to pay you fixed income (with rates based on your age) for the rest of your life.

### CHARITABLE UNITRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with income for life or a term of years.

### CHARITABLE ANNUITY TRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with fixed income for life or a term of years.

### CHARITABLE LEAD TRUST

You transfer your cash or property to fund a lead trust that makes gifts to us for a number of years. You receive a charitable deduction for the gift. Your family receives the remainder at substantial tax savings.

### CASH DONATION

Making a gift for the benefit of others offers a wonderful way to affirm our values and priorities.

You can make a gift through our secure web site [www.carmelmanor.com](http://www.carmelmanor.com) or by calling our Director of Development, Tony Bonomini, [tbonomini@carmelmanor.org](mailto:tbonomini@carmelmanor.org) with your credit card information, or by mailing your check payable to “Carmel Manor” Carmel Manor is a 501- C3 Non-Profit. All gifts are tax-deductible as allowed by law and each donor will receive an acknowledgement from Carmel Manor.

**“We are extremely grateful to all of our generous donors.. We thank you from the bottom of our hearts.”**

**Always Consult your financial advisor before making any contribution**



Community Rewards benefiting **Carmel Manor**. If you have not enrolled yet, you can enroll in community rewards at [krogercommunityrewards.com](http://krogercommunityrewards.com)

**Carmel Manor**

**Identification number is IN918 or 94557.**

*This program does not effect your fuel points:*

Dear Carmel Manor (IN918),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use, The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well.

Thank you for being such an important organization in our community,

Community Rewards Staff

**June 2021 thru August 2021**

**49 HOUSEHOLDS = \$310.00**

If you have any questions, please email [CincinnatiCommunityRewards@kroger.com](mailto:CincinnatiCommunityRewards@kroger.com) or visit our website at <http://www.kroger.com>.