May 2021

"Now More Than Ever" *The Difference Is Love*

Issue 5

Check out the monthly Calendar for May 2021

NO Mass Scheduled for general public 10 am Resident ONLY







Sponsored by the Carmelite Sisters, whose sole mission is to care for the aged and infirm. That mission informs everything we do: every policy we set, every staff person we hire, and every moment of every day. We offer five

May 2021

Dear Family and Friends,

Hello from Carmel Manor!

We are happy that Spring has arrived. The campus is beautiful at this time of year.

We are so happy to have our families back in our home. Seeing the smiles on our residents' faces has been very heart warming. We are making plans so that we can accommodate everyone who wants to visit on Mother's Day weekend. More information will be forthcoming.

We continue to follow the guidelines from the CDC, CMS and the state of Kentucky. We know that many people are suffering from "pandemic fatigue" but it is important that we stay vigilant. Please continue to wear your mask and wash and sanitize your hands frequently.

We look forward to seeing you soon!

Sincerely,

Denise Corrou Administrator





<u>May</u> Birthdays

Ruth P Larry Rowena

Looking for a Challenging and Rewarding Career

CNAs, KMAs, LPNs, RNs

www.carmelmanor.com
If you know of anyone
interested contact Kaleigh
Dyer at 859.781.5111 x 218 or
kdyer@carmelmanor.org



A Prayer for the Deceased

O God, Creator and Redeemer of all Your faithful people, grant to the souls of all our faithful departed Your mercy, light and peace.

Lord, we pray that those we love who have gone before us in faith, may know Your forgiveness for their sins, and the blessings of everlasting life, in company with the Virgin Mary and all the angels and saints in heaven.

Amen.

In memory of our former residents

Thank you to families who mentioned Carmel Manor in remembrance of their loved ones "In Lieu of Flowers"

Lucille Griffith, Bruce Danielson, Kenneth Klingenberg Linda Easley, Margaret Maguire

VISITORS POLICY

We hope you are enjoying the beautiful Spring weather and I hope you are getting the chance to come to Carmel Manor and visit your loved one. I would like to take this opportunity to remind all our visitors of our current visit guidelines. While I know that many of us are suffering from "pandemic fatigue," it is still very important that we stay the course. These guidelines are in place so that we can keep our residents, staff and visitors safe.

- Visits are scheduled for 40 minutes so that we can accommodate as many visits as possible. Please watch the time. We depend on you to help with this.
- When you are walking to the visit location, please try to remain at least 6 feet from other residents.
- Each visit can accommodate 2 people per resident. At this point, we ask that visitors be at least 14 years of age.
- You must wear a mask, that we will provide, during the entire duration of the visit. We will provide brown paper bags for you to put your own mask in, then please take one of our masks to use for your visit.
- If you visit during mealtime the resident may enjoy their meal but visitors must keep their mask on so unfortunately visitors are not able to eat with the resident.
- Our staff will accompany you to the visit location but will not stay with you during the visit.
- Visitors must stay in the visit location until it is time to leave and then must directly exit the unit. Please do not wander out into the halls. If you need something for your loved one, please use the call light or wait by the door until you get the attention of our staff.
- Many of our staff feel uncomfortable asking you to end your visit. Please help them by watching the time and exiting the unit after your 40-minute visit.
- Please sanitize your hands as you leave the unit.

The guidelines that we have put into place are an attempt to keep all our residents safe and healthy. Please delay your visit if you are having symptoms of any contagious disease or if you have been exposed to someone who tested positive for COVID in the last 14 days.

Thanks for your cooperation and for helping to keep our residents safe and healthy!

PLEASE PROTECT YOURSELF AND COWORKERS FROM





Stay home if you have any of these symptoms:













- sore throat
- loss of taste or smell

Wash your hands often for 20 seconds.



DO wear a face covering safely.



Tighten the loops or ties so It's snug around your face, without gaps.



Mask should cover from just under the bridge of your nose to under your chin.

- Always wash your hands before and after wearing a mask.
- Use the ties or loops to put your mask on and pull it off.
- Don't touch the front of the mask, especially when you take it off.
- Put on and remove your mask while inside your home. Public transportation, elevators and stairwells can be high-contamination areas.
- Wash and dry your cloth mask daily and keep it in a clean, dry place.
- Remember that masks offer only limited protection and work best in combination with hand washing and physical distancing.



DON'T: Wear the mask below your nose.



DON'T: Leave your chin exposed.



DON'T: Wear your mask loosely with gaps on the sides.



DON'T: Wear your mask so It covers just the tlp of your nose.



DON'T: Push your mask under your chin to rest on your neck.

Protect yourself from COVID-19 and stop the spread of germs.

Simple steps help stop the spread of COVID-19 and other viruses:



Wash your hands often with soap and water for at least 20 seconds, especially before eating.



Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.

Stay up to date by visiting www.ny.gov/coronavirus

Hand-washing technique with soap and water



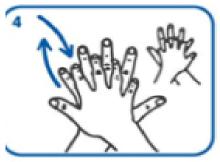
Wet hands with water



Apply enough soap to cover all hand surface



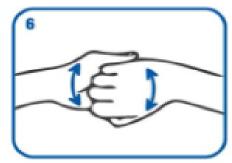
Rub hands palm to palm



Rub back of each hand with palm of other hand with fingers interlaced



Rub palm to palm with fingers interlaced



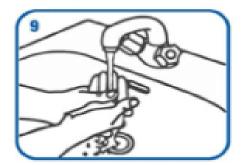
Rub with back of fingers to opposing palms with fingers interlaced



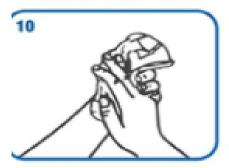
Rub each tumb clasped in opposite hand using a rotational movement



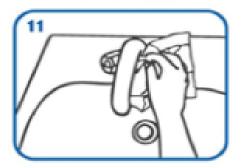
Rub tips of fingers in opposite palm in a circular motion



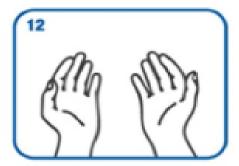
Rinse hands with water



Dry thoroughly with a single-use towel



Use towel to turn off faucet



Hand washing should take 15-30 seconds

The Difference is Love

This month we are introducing information about Palliative Care and what it means at Carmel Manor.

For Carmel Manor, based on the Carmelite Sisters for the Aged and Infirm Mission and Philosophy, Palliative Care begins for our residents at admission. Palliative Care is not dependent on prognosis and is provided throughout each resident's stay, in nursing or rehabilitative care.

The goal of palliative care is to bring comfort and support to all those who are admitted to Carmel Manor. Every person admitted is assessed in the different areas of pain. Care is provided through the prevention, assessment and treatment of physical, emotional, familial and spiritual pains. The intensity of palliative care increases as the disease process progresses with the emphasis on one aspect of care or another changing as the resident needs dictate.

There can be some confusion about Palliative Care and Hospice Care. All hospice care is palliative but all palliative care is not hospice care. This is a matter of timing and End-of-Life or Hospice care is to relieve pain and ease suffering provided to those who are clearly dying. Palliative Care can be combined with curative care or with less aggressive care.

In coming months we will provide additional information on Palliative Care and Dementia Care. We hope that you will find these articles helpful and reassuring of Carmel Manor's "Mission to Care". If you have any questions please feel free to contact our Social Services Department at 859-781-5111 ext. 214 or email Merrie Hagemann at mhagemann@carmelmanor.org.

Thank you for entrusting care of your loved ones to Carmel Manor and our staff

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7.1/2021	May Manor St. Jos		ctivities		10:00 Cheer Visits 200 Derby Party in Carmel Corner RUTH P.
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10:00 MASS 2:00 Mother's Day Treats	10:30 Rosary 11:15 MASS 2:00 Cheer Visits	9:30 Cheer Visits1 10:30 Rosary 11:15 MASS 2:00 Resident Council 3:45 Happy Hour	9:30 Rosary 12 10:00 MASS 10:45 Puzzle Time 2:00 Bingo in cc 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Reminisce 3:45 Happy Hour 6:30 Resident's Choice	9:30 Rosary 14 10:00 MASS 10:30 NKU Music Class in cc 2:00 Bingo in cc 3:00 Happy Hour	11:00 Morning Stretch 2:00 Saturday Matinee 3:45 Happy Hour
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3:45 Happy Hour

Carmel Manor 100 Carmel Manor Rd. Ft. Thomas,

Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111

Sunday Wednesday Friday Saturday 10:00 Cheer Visits May 2021 200 Derby Party in Carmel Corner Carmel Manor Marian Pavilion Activities RUTH P. 29:30 The Nail Clinic 39:30 Cheer Visits 49:30 Rosary 5 9:30 Rosary 69:30 Rosary 10:00 Morning Stretch 10:00 MASS 10:00 MASS 10:30 Rosary 10:00 MASS 10:00 MASS 10:30 Rosary 2:00 Saturday Matinee 10:45 Morning Stretch 2:00 Cheer Visits 11:15 MASS 10:45 Crosswords 10:30 NKU Music Class in co 11:15 MASS 3:45 Happy Hour 2:00 Reminisce 3:45 Happy Hour 2:00 Bingo 2:00 Bingo 2:00 Cheer Visits 2:00 Tricky Trivia 3:45 Happy Hour 3:45 Happy Hour 3:00 Happy Hour 3:45 Happy Hour 6:30 Resident's Choice 3:45 Happy Hour 99:30 The Nail Clinic 10 9:30 Cheer Visit 19:30 Rosary 12 9:30 Rosarv 13 9:30 Rosarv 10:00 Morning Stretch 10:00 MASS 10:00 MASS 10:30 Rosarv 10:00 MASS 10:30 Rosarv 10:00 MASS 2:00 Saturday Matinee 10:45 Morning Stretch 2:00 Mother's Day Treat 10:30 NKU Music Class in cc 11:15 MASS 10:45 Crosswords 11:15 MASS 3:45 Happy Hour 2:00 Reminisce 3:45 Happy Hour 2:00 Bingo 2:00 Bingo 2:00 Cheer Visits 2:00 Tricky Trivia 3:45 Happy Hour 3:45 Happy Hour 3:00 Happy Hour 3:45 Happy Hour 6:30 Resident's Choice 3:45 Happy Hour 16 9:30 The Nail Clinic 17 9:30 Cheer Visits 9:30 Rosary 20 9:30 Rosary 19 9:30 Rosary 22 10:00 MASS 10:00 MASS 10:30 Rosary 10:00 MASS 10:00 MASS 10:30 Rosarv 10:00 Morning Stretch 10:45 Morning Stretch 2:00 Cheer Visits 11:15 MASS 10:45 Crosswords 10:30 NKU Music Class in cc 2:00 Saturday Matinee 11:15 MASS 2:00 Reminisce 3:45 Happy Hour 2:00 Bingo 3:45 Happy Hour 2:00 Cheer Visits 2:00 Bingo 2:00 Tricky Trivia 3:45 Happy Hour 3:45 Happy Hour 3:00 Happy Hour Larry 3:45 Happy Hour 6:30 Resident's Choice 3:45 Happy Hour 23 9:30 The Nail Clinic 24 9:30 Cheer Visit 9:30 Rosary 10:00 MASS 26 9:30 Rosary 27 9:30 Rosary 10:00 Morning Stretch 10:00 MASS 10:30 Rosarv 10:00 MASS 2:00 Cheer Visits 10:30 Rosary 10:00 MASS 2:00 Saturday Matinee 10:45 Morning Stretch 11:15 MASS 10:30 NKU Music Class in co 10:45 Crosswords 3:45 Happy Hour 11:15 MASS 3:45 Happy Hour 2:00 Reminisce 2:00 Bingo 2:00 Bingo 2:00 Cheer Visits 2:00 Tricky Trivia ROWENA 3:45 Happy Hour 3:45 Happy Hour 3:00 Happy Hour 3:45 Happy Hour 6:30 Resident's Choice 3:45 Happy Hour 30 9:30 The Nail Clinic 31 Welcome to Carmel Manor. We are glad you are here. We want you to know you are 10:00 MASS 10:30 Rosarv welcome to participate in any of the activities that are offered. Most of the activities take 2:00 Cheer Visits 11:15 MASŚ place in Carmel Corner, which is the activity room, not far from your room. After your 3:45 Happy Hour 2:00 Memorial Day Trivia quarantine, if you would like to attend an activity, please let any staff member know and we 3:45 Happy Hour will be happy to get you to the activity. Thank you and Welcome.

activities are subject to change.



NEWS AROUND "CARMEL CORNER"

From the desk of Tony Bonomini, Director Development & Marketing



SUPPORT OUR MISSION TO CARE "NOW MORE THAN EVER" THE DIFFERNECE IS LOVE

You can support Carmel Manor via cash donations and a number of other methods of contribution:

Shopping Rewards, Memorials, Appeals, Bequest, Wills / Trust, Cash Donation Capital Needs.

Amazon Smile: Amazon customers can support Carmel Manor each time they shop. Log on to www.smile.amazon.com using your regular Amazon credentials and select Carmel Manor. Once you are signed up, 0.5% of your subsequent purchases on smile.amazon.com will come to Carmel Manor.

Kroger Community Rewards: Carmel Manor can benefit every time you shop at any Kroger store in the Northern Kentucky and Greater Cincinnati area. Enroll your <u>Kroger Plus Card</u> and enter our member number (94557). (Does not impact your fuel points!

Memorials: We are grateful to the family members who mention Carmel Manor in their loved ones Obituary

Spring & Winter Appeals: May & November 2021

Bequest / Wills & Trust: Contact Tony Bonomini at tbonomini@carmelmanor.org 859.781.5111 x 267 for more info.

BEQUEST

You designate Carmel Manor as the beneficiary of your asset by will, trust or other instrument. Already have a designated gift to Carmel Manor in your will? Let us know who it is in remembrance of by contacting Tony Bonomini at 859-781-5111 x267

IRA ROLLOVER

Congress recently enacted a permanent extension of the IRA Charitable Rollover. As a result, you can make an IRA rollover gift in 2021.

CHARITABLE GIFT ANNUITY

You transfer your cash or appreciated property to Carmel Manor in exchange for our promise to pay you fixed income (with rates based on your age) for the rest of your life.

CHARITABLE UNITRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with income for life or a term of years.

CHARITABLE ANNUITY TRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with fixed income for life or a term of years.

CHARITABLE LEAD TRUST

You transfer your cash or property to fund a lead trust that makes gifts to us for a number of years. You receive a charitable deduction for the gift. Your family receives the remainder at substantial tax savings.

CASH DONATION

Making a gift for the benefit of others offers a wonderful way to affirm our values and priorities.

You can make a gift through our secure web site www.carmelmanor.com or by calling our Director of Development, Tony Bonomini, tbonomini@carmelmanor.org with your credit card information, or by mailing your check payable to "Carmel Manor" Carmel Manor is a 501- C3 Non-Profit. All gifts are tax-deductible as allowed by law and each donor will receive an acknowledgement letter.

Always Consult your financial advisor before making any contribution



Community Rewards benefiting Carmel Manor. If you have not enrolled yet, you can enroll in community

rewards a t krogercommuntyrewards.com

Carmel Manor

Identification number is IN918 or 94557.

This program does not effect your fuel points:

Dear Carmel Manor (IN918),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use, The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well.

Thank you for being such an important organization in our community,

Community Rewards Staff

January 2021 thru February 2021

55 HOUSEHOLDS = \$315.44

If you have any questions, please email <u>CincinnatiCommunityRewards@kroger.com</u> or visit our website at http://www.kroger.com.