June 2021

"Now More Than Ever" The Difference Is Love

Issue 6

Check out the monthly Calendar for June 2021

NO Mass Scheduled for general public 10 am Resident ONLY





Sponsored by the Carmelite Sisters, whose sole mission is to care for the aged and infirm. That mission informs everything we do: every policy we set, every staff person we hire, and every moment of every day. We offer five

June 2021

Dear Family and Friends,

Greetings from Carmel Manor! We have been so happy to see our families returning to our home. We will continue to update you as we begin to open up more visitation times based on the guidance we receive from the CDC and the Kentucky Cabinet for Health and Family Services.

Please help me welcome our new Director of Nursing. Beth Goodenough Riddle joined our team in mid-May. She has an extensive background in Infection Prevention and Quality Assurance. We are already seeing improvements to our systems and processes under Beth's leadership. We look forward to the leadership that Beth brings to the Nursing Department.

We continue to follow the guidelines from the CDC, CMS and the State of Kentucky. We know that many people are suffering from "pandemic fatigue" especially as it relates to wearing masks. It is important that we stay vigilant. Please continue to wear your mask and wash and sanitize your hands frequently.

We look forward to seeing you soon! Sincerely,

Denise Corrou Administrator





<u>June</u> Birthdays

Roberta George A Suzanne Bob J Pauline Jerry

Looking for a rewarding career with great benefits and competitive pay?

We are hiring for:

CNA's - 1st, 2nd, & 3rd Shift

LPN's & RN's - 2nd & 3rd Shift

Contact Kaleigh Dyer in Human Resources

at 859.781.5111 ext. 218

or kdyer@carmelmanor.org



www.carmelmanor.com



"We Firmly believe that with God and Mary on our side, we may accomplish even the impossible"

Vernable Mary Angeline McCrory

Carmel Manor admits all persons without regard to race, color, age, physical handicap, national origin, religious preference or sex and makes available to all such persons all facilities and programs of Carmel Manor.

A Prayer for the Deceased

O God, Creator and Redeemer of all Your faithful people, grant to the souls of all our faithful departed Your mercy, light and peace.

Lord, we pray that those we love who have gone before us in faith, may know Your forgiveness for their sins, and the blessings of everlasting life, in company with the Virgin Mary and all the angels and saints in heaven.

Amen.

In memory of our former residents

Thank you to families who mentioned Carmel Manor in remembrance of their loved ones "In Lieu of Flowers"

Janice Gastright, Robert Everman

PLEASE PROTECT YOURSELF AND COWORKERS FROM





Stay home if you have any of these symptoms:













- sore throat
- loss of taste or smell

Wash your hands often for 20 seconds.



DO wear a face covering safely.



Tighten the loops or ties so It's snug around your face, without gaps.



Mask should cover from just under the bridge of your nose to under your chin.

- Always wash your hands before and after wearing a mask.
- Use the ties or loops to put your mask on and pull it off.
- Don't touch the front of the mask, especially when you take it off.
- Put on and remove your mask while inside your home. Public transportation, elevators and stairwells can be high-contamination areas.
- Wash and dry your cloth mask daily and keep it in a clean, dry place.
- Remember that masks offer only limited protection and work best in combination with hand washing and physical distancing.



DON'T: Wear the mask below your nose.



DON'T: Leave your chin exposed.



DON'T: Wear your mask loosely with gaps on the sides.



DON'T: Wear your mask so It covers just the tlp of your nose.



DON'T: Push your mask under your chin to rest on your neck.

Protect yourself from COVID-19 and stop the spread of germs.

Simple steps help stop the spread of COVID-19 and other viruses:



Wash your hands often with soap and water for at least 20 seconds, especially before eating.



Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.

Stay up to date by visiting www.ny.gov/coronavirus

Hand-washing technique with soap and water



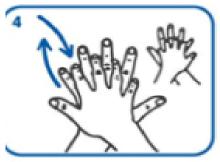
Wet hands with water



Apply enough soap to cover all hand surface



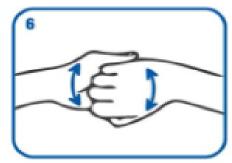
Rub hands palm to palm



Rub back of each hand with palm of other hand with fingers interlaced



Rub palm to palm with fingers interlaced



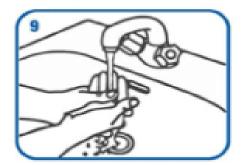
Rub with back of fingers to opposing palms with fingers interlaced



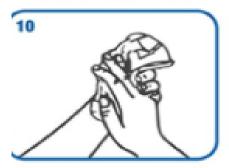
Rub each tumb clasped in opposite hand using a rotational movement



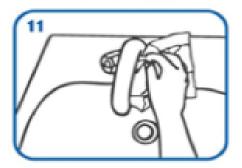
Rub tips of fingers in opposite palm in a circular motion



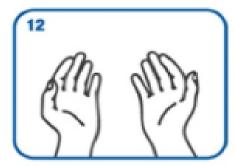
Rinse hands with water



Dry thoroughly with a single-use towel



Use towel to turn off faucet



Hand washing should take 15-30 seconds

The Difference is Love Palliative Care and Dementia Care.

In providing Palliative Care we also include Dementia Care and helping family members and staff understand more about dementia and how to communicate.

First, is the question of What is Dementia:

- It is a set of symptoms affecting intellectual abilities including memory, language, judgement and reasoning.
- Symptoms are severe enough to interfere with a person's ability to manage daily functions such as managing finances, household duties, work or leisure activities, etc.
- Alzheimer's disease is the most common cause of dementia, but other diseases can cause dementia (such as Parkinson's Disease, Stroke, Vascular Disease).

From a Palliative Care point of view, communication technique is important in dealing with someone with Dementia. It is important to remember that we are still talking to an adult, someone who is experiencing a change in ability to understand their surroundings and needs.

Secondly, what approach helps in communicating with someone with Dementia:

- Approach from the front and introduce yourself (even when you may be well known to the person)
- Take things slow try not to rush.
- Ask simple guestions make simple statements.
- Limit "reality" checks
 - It is difficult to reorient someone with dementia their perception is different than yours
 - Enter "their world", it ok to talk about the person that or thing that they think is next to them. They may think you are a family member, it's ok.
- Keep eye contact, and a friendly expression. Those with dementia are still able to read body language actually better than what is being said.
- Use a calm soothing voice, but do not talk "down" to the person.
- · Reduce distractions when possible.

We are always willing to talk with family members and staff to answer questions they may have about Palliative Care and/or Dementia. We thank you for entrusting the care of your loved one to Carmel Manor. If you have any questions, please feel free to contact our Social Services Department at 859-781-5111 ext 214 or email Merrie Hagemann at mhagemann@carmelmanor.org.

Merrie Kay Hagemann, MSW, CSW Social Services Director Carmel Manor 100 Carmel Manor Rd Ft. Thomas, KY 41075 859-781-5111 ext 214 Fax 859-781-2337

Merrie Hagemann

"35th Anniversary of Service at Carmel Manor" Thank You

"We're looking forward to many great years ahead with Merrie as our Director of Social Services."



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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27	9:30 Rosary 28	9:30 Rosary 29	9:30 Rosary 30			
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Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111 www.carmelmanor.com

activities are subject to change.



A MISSION TO CARE

The Difference is Love

For more information visit www.carmelmanor.com or call us at (859) 781-5111

Cinco De Mayo



















Cinco De Mayo

NEWS AROUND "CARMEL CORNER"

From the desk of Tony Bonomini, Director Development & Marketing



SUPPORT OUR MISSION TO CARE "NOW MORE THAN EVER" THE DIFFERNECE IS LOVE

You can support Carmel Manor via cash donations and a number of other methods of contribution:

Shopping Rewards, Memorials, Appeals, Bequest, Wills / Trust, Cash Donation Capital Needs.

Amazon Smile: Amazon customers can support Carmel Manor each time they shop. Log on to www.smile.amazon.com using your regular Amazon credentials and select Carmel Manor. Once you are signed up, 0.5% of your subsequent purchases on smile.amazon.com will come to Carmel Manor.

Kroger Community Rewards: Carmel Manor can benefit every time you shop at any Kroger store in the Northern Kentucky and Greater Cincinnati area. Enroll your <u>Kroger Plus Card</u> and enter our member number (94557). (Does not impact your fuel points!

Memorials: We are grateful to the family members who mention Carmel Manor in their loved ones Obituary

Spring & Winter Appeals: May & November 2021 Our Spring Appeal is underway. Please contact Tony Bonomini for more information

Bequest / Wills & Trust: Contact Tony Bonomini at tbonomini@carmelmanor.org 859.781.5111 x 267 for more info. B E O U E S T

You designate Carmel Manor as the beneficiary of your asset by will, trust or other instrument. Already have a designated gift to Carmel Manor in your will? Let us know who it is in remembrance of by contacting Tony Bonomini at 859-781-5111 x267

IRA ROLLOVER

Congress recently enacted a permanent extension of the IRA Charitable Rollover. As a result, you can make an IRA rollover gift in 2021.

CHARITABLE GIFT ANNUITY

You transfer your cash or appreciated property to Carmel Manor in exchange for our promise to pay you fixed income (with rates based on your age) for the rest of your life.

CHARITABLE UNITRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with income for life or a term of years.

CHARITABLE ANNUITY TRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with fixed income for life or a term of years.

CHARITABLE LEAD TRUST

You transfer your cash or property to fund a lead trust that makes gifts to us for a number of years. You receive a charitable deduction for the gift. Your family receives the remainder at substantial tax savings.

CASH DONATION

Making a gift for the benefit of others offers a wonderful way to affirm our values and priorities.

You can make a gift through our secure web site www.carmelmanor.com or by calling our Director of Development, Tony Bonomini, tbonomini@carmelmanor.org with your credit card information, or by mailing your check payable to "Carmel Manor" Carmel Manor is a 501- C3 Non-Profit. All gifts are tax-deductible as allowed by law and each donor will receive an acknowledgement from Carmel Manor.

"We are extremely grateful to all of our generous donors.. We thank you from the bottom of our hearts." *Always Consult your financial advisor before making any contribution*



C ommu nity Rewards be nefiting **C arm e I Man or.** If you have not e nrolle d yet, you can e nroll in commu nity rewards at krogercommu n tyrewards.com

Carmel Man or

lden tification number is IN9 18 or 94557.

This program does not effect your fuel points:

Dear Carmel Manor (IN918),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use, The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well.

Thank you for being such an important organization in our community,

Community Rewards Staff

February 2021 thru April 2021

52 HOUSEHOLDS = \$270.43

If you have any questions, please email <u>CincinnatiCommunityRewards@kroger.com</u> or visit our website at http://www.kroger.com.