



July 2021

"Now More Than Ever" *The Difference Is Love*

Issue 7

Check out the monthly  
Calendar for July 2021

**NO Mass Scheduled for  
general public  
10 am Resident ONLY**



July 2021

Dear Family and Friends,

Happy Independence Day! Watch for Carmel Manor in the Fort Thomas Independence Day parade. Our Sisters and staff will be there. We are so glad to be celebrating with everyone this year!

The newsletter contains information about our up-coming Carmel Manor Olympics. We are looking forward to friendly competition and lots of fun...pictures will be in our next newsletter.

We are so grateful to have our families back at Carmel Manor. We are also inviting back many of our fully-vaccinated volunteers. Our volunteers add so much to the quality of life of our residents.

We thank you for your patience as we work through the visitation guidelines. We will update our families as our visitation guidelines are updated. It is important that we stay vigilant. Please continue to wear your mask when you are at Carmel Manor... and wash and sanitize your hands frequently.

Gratefully,

Denise Corrou  
Administrator



*Sponsored by the Carmelite Sisters, whose sole mission is to care for the aged and infirm. That mission informs everything we do: every policy we set, every staff person we hire, and every moment of every day. We offer five*



## July Birthdays

Joyce  
Paul  
Bernie  
Faye  
Rosalie

### **CARMEL MANOR WE ARE HIRING**

**Do you want to work in a Catholic Home  
that values each individual Person?**

**Join us at Carmel Manor  
"The Difference is Love".**

CNA (Certified Nurse Assistants) Day shift  
7a-7p or 7p-7a  
Housekeeper – Day Shift  
Cook- Day Shift

Benefits: Health Insurance, Vision, Dental,  
Paid time off and more  
Benefits available for Part Time Employees

Contact Kaleigh Dyer in Human  
Resources  
at 859.781.5111 ext. 218 or 859-  
444-7162  
or [kdyer@carmelmanor.org](mailto:kdyer@carmelmanor.org)  
[www.carmelmanor.org](http://www.carmelmanor.org)



*"We Firmly believe that with God and  
Mary on our side, we may accomplish  
even the impossible"*

Vernable Mary Angeline McCrory

*Carmel Manor admits all persons without regard to race, color, age, physical handicap, national origin, religious preference or sex and makes available to all such persons all facilities and programs of Carmel Manor.*

## *A Prayer for the Deceased*

*O God, Creator and Redeemer  
of all Your faithful people,  
grant to the souls of  
all our faithful departed  
Your mercy, light and peace.*

*Lord, we pray that those we love  
who have gone before us in faith,  
may know Your forgiveness for their sins,  
and the blessings of everlasting life,  
in company with the Virgin Mary  
and all the angels and saints in heaven.*

*Amen.*

### In memory of our former residents

Thank you to families who mentioned Carmel Manor in remembrance of  
their loved ones "In Lieu of Flowers"

Alberta Hein, Stephen Roach



# Protect yourself from COVID-19 and stop the spread of germs.

## Simple steps help stop the spread of COVID-19 and other viruses:



**Wash your hands** often with soap and water **for at least 20 seconds**, especially before eating.



**Avoid close contact** with people who are sick.



**Avoid touching** your eyes, nose, and mouth.



**Stay home** when you are sick.



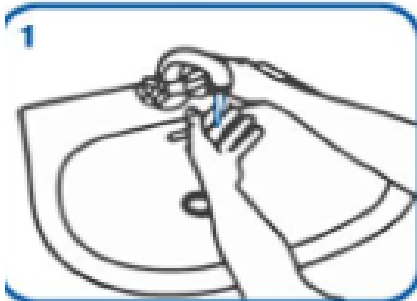
**Cover your cough or sneeze** with a tissue, then throw the tissue in the trash.



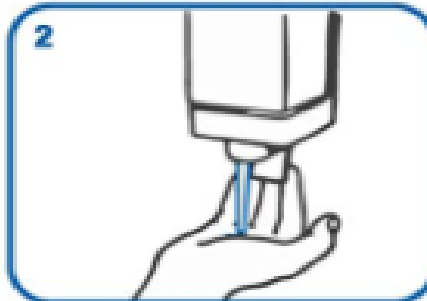
**Clean and disinfect** frequently touched objects and surfaces.

Stay up to date by visiting  
[www.ny.gov/coronavirus](http://www.ny.gov/coronavirus)

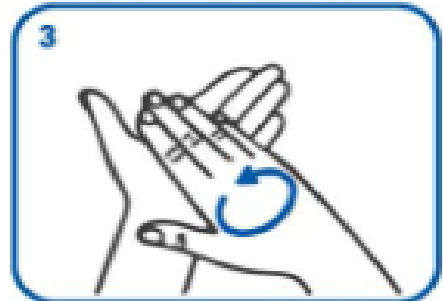
# Hand-washing technique with soap and water



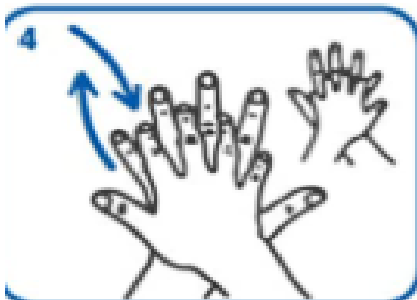
Wet hands with water



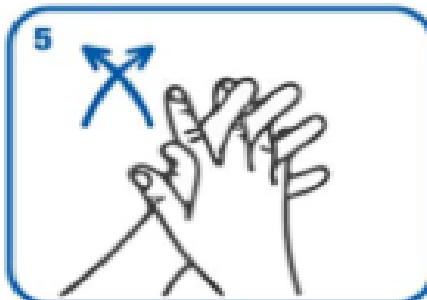
Apply enough soap to cover all hand surface



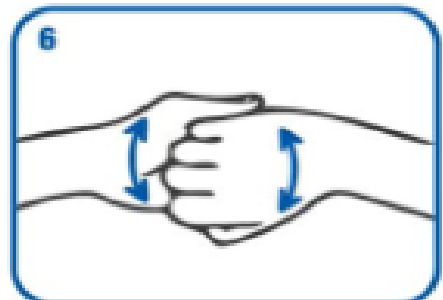
Rub hands palm to palm



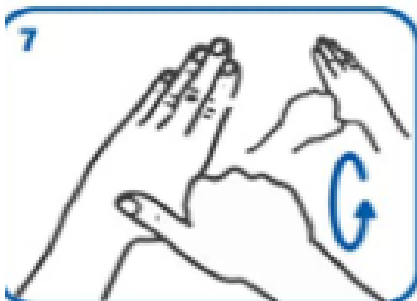
Rub back of each hand with palm of other hand with fingers interlaced



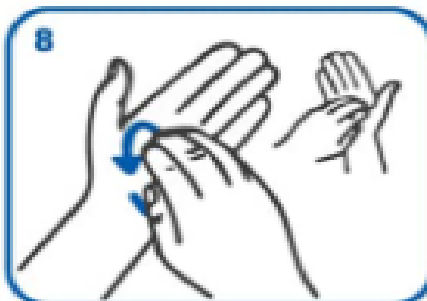
Rub palm to palm with fingers interlaced



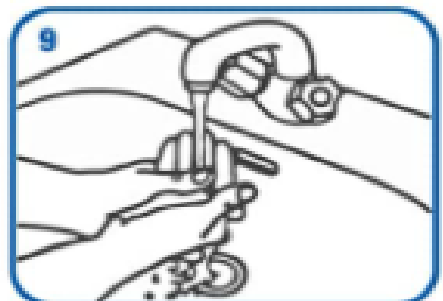
Rub with back of fingers to opposing palms with fingers interlaced



Rub each thumb clasped in opposite hand using a rotational movement



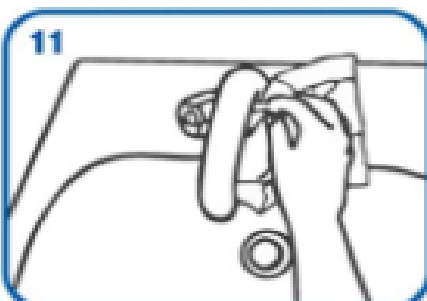
Rub tips of fingers in opposite palm in a circular motion



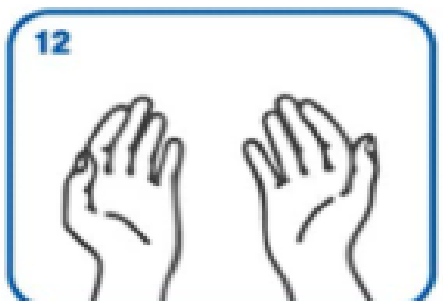
Rinse hands with water



Dry thoroughly with a single-use towel



Use towel to turn off faucet



Hand washing should take 15-30 seconds

# The Difference is Love

## Palliative Care and Dementia Care.

In providing Palliative Care we also include Dementia Care and helping family members and staff understand more about dementia and how to communicate.

First, is the question of What is Dementia:

- It is a set of symptoms affecting intellectual abilities including memory, language, judgement and reasoning.
- Symptoms are severe enough to interfere with a person's ability to manage daily functions such as managing finances, household duties, work or leisure activities, etc.
- Alzheimer's disease is the most common cause of dementia, but other diseases can cause dementia (such as Parkinson's Disease, Stroke, Vascular Disease).

From a Palliative Care point of view, communication technique is important in dealing with someone with Dementia. It is important to remember that we are still talking to an adult, someone who is experiencing a change in ability to understand their surroundings and needs.

Secondly, what approach helps in communicating with someone with Dementia:

- Approach from the front and introduce yourself (even when you may be well known to the person)
- Take things slow – try not to rush.
- Ask simple questions – make simple statements.
- Limit "reality" checks
  - It is difficult to reorient someone with dementia – their perception is different than yours
  - Enter "their world", it ok to talk about the person that or thing that they think is next to them. They may think you are a family member, it's ok.
- Keep eye contact, and a friendly expression. Those with dementia are still able to read body language actually better than what is being said.
- Use a calm soothing voice, but do not talk "down" to the person.
- Reduce distractions when possible.

We are always willing to talk with family members and staff to answer questions they may have about Palliative Care and/or Dementia. We thank you for entrusting the care of your loved one to Carmel Manor. If you have any questions, please feel free to contact our Social Services Department at 859-781-5111 ~~ext~~ 214 or email Merrie Hagemann at [mhagemann@carmelmanor.org](mailto:mhagemann@carmelmanor.org).

Merrie Kay Hagemann, MSW, CSW  
Social Services Director  
Carmel Manor  
100 Carmel Manor Rd  
Ft. Thomas, KY 41075  
859-781-5111 ~~ext~~ 214  
Fax 859-781-2337



## **Carmel Manor Olympics** **July 26-August 6, 2021**



### **Monday July 26th-**

10:45 am – Volleyball- Olympic Arena

USA vs Japan

2 pm – Volleyball- Olympic Arena

Japan vs France

### **Tuesday July 27th-**

10:45 am ***Torch Run through Carmel Manor***

2:00 pm Volleyball- Olympic Arena

France vs USA

### **Wednesday July 28th-**

10:45 am Tennis -France

11:15 am Tennis -USA

11:30 am Tennis-Japan

2:00 Olympic Bingo- Olympic Arena

### **Thursday July 29th-**

10:45 am Basketball USA

10:45 am Basketball Japan

2:00 pm Basketball France

### **Friday July 30th-**

10:45 am Soccer-Japan/ USA

11:15 Soccer- France/Japan

2:00pm Olympic Bingo-Olympic Arena

***3:00 pm Mandatory Athlete Rest Period***

Olympic Arena- is Carmel Corner  
France is St. Joseph  
Japan is St. Joseph  
USA is St. Therese

### **Monday August 2nd-**

10:45 am Relay Race- Olympic Stadium

2:00 pm Relay Race-Olympic Stadium

### **Tuesday August 3rd-**

10:45 am Javelin Throw-France

11:15am Javelin Throw-USA

2:00 pm Javelin Throw-Japan

### **Wednesday August 4th-**

10:45 am Shot-Put-France

11:15am Shot Put-USA

11:30am Shot Put -Japan

2:00 pm Flag Bingo -Olympic Arena

### **Thursday August 5th-**

10:45 am Olympic Ring Toss-France

11:15am Olympic Ring Toss-Japan

2:00 pm Olympic Ring Toss -USA

### **Friday August 6th-**

11:00am Award Ceremony in the Olympic Arena

### ***Athlete's Oath***

***In the name of all competitors, I promise that we shall take part in these Olympic Games respecting and abiding by the rules that govern them, committing ourselves to a sport without doping and without drugs in the true spirit of sportsmanship, for the glory of sport and the honor of our team.***



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Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111 [www.carmelmanor.com](http://www.carmelmanor.com)

activities are subject to change

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 <h1>July 2021</h1> <p>Carmel Manor Personal Care Activities</p>				9:30 Rosary <b>10:00 MASS</b> 10:45 Morning Stretch 2:00 Trivia 3:45 Happy Hour <small>Canada Day</small>	9:30 Rosary <b>10:00 MASS</b> 10:45 Hand Massages/Nails 2:00 Bingo 3:00 Happy Hour	10:00 Morning Stretch 1:15 Saturday Matinee <b>Yankee Doodle Dandy</b> 3:45 Happy Hour
9:30 Rosary <b>10:00 MASS</b> 2:00 4 <sup>th</sup> of July Treat 3:45 Happy Hour  <small>(Independence Day, US)</small>	9:30 Rosary <b>10:00 MASS</b> 10:45 Hand Massages/Nails 2:00 Visits/hand massages 3:45 Happy Hour	9:30 Rosary <b>10:00 MASS</b> 10:45 Morning Stretch 2:00 Giggles in the Garden 3:45 Happy Hour	9:30 Rosary <b>10:00 MASS</b> 10:45 Crosswords/Puzzles 2:00 Bingo 3:45 Happy Hour	9:30 Rosary <b>10:00 MASS</b> 10:45 Morning Stretch 2:00 Trivia 3:45 Happy Hour <b>JOYCE, PAUL</b>	9:30 Rosary <b>10:00 MASS</b> 10:45 Hand Massages/Nails 2:00 Bingo 3:00 Happy Hour	10:00 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour
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## NEWS AROUND “CARMEL CORNER”

From the desk of Tony Bonomini, Director Development & Marketing

“”THANK YOU””

SUPPORT OUR MISSION TO CARE “NOW MORE THAN EVER”

THE DIFFERENCE IS LOVE



You can support Carmel Manor via cash donations and a number of other methods of contribution:

**Shopping Rewards, Memorials, Appeals, Bequest, Wills / Trust, Cash Donation Capital Needs.**

**Amazon Smile:** Amazon customers can support Carmel Manor each time they shop. Log on to [www.smile.amazon.com](http://www.smile.amazon.com) using your regular Amazon credentials and select Carmel Manor. Once you are signed up, 0.5% of your subsequent purchases on smile.amazon.com will come to Carmel Manor.

**Kroger Community Rewards:** Carmel Manor can benefit every time you shop at any Kroger store in the Northern Kentucky and Greater Cincinnati area. Enroll your [Kroger Plus Card](#) and enter our member number (94557 ). (Does not impact your fuel points!)

**Memorials:** We are grateful to the family members who mention Carmel Manor in their loved ones Obituary

**Spring & Winter Appeals: May & November 2021 Our Spring Appeal is underway. Please contact Tony Bonomini for more information**

**Bequest / Wills & Trust:** Contact Tony Bonomini at [tbonomini@carmelmanor.org](mailto:tbonomini@carmelmanor.org) 859.781.5111 x 267 for more info.  
B E Q U E S T

You designate Carmel Manor as the beneficiary of your asset by will, trust or other instrument. Already have a designated gift to Carmel Manor in your will? Let us know who it is in remembrance of by contacting Tony Bonomini at 859-781-5111 x267

### IRA ROLLOVER

Congress recently enacted a permanent extension of the IRA Charitable Rollover. As a result, you can make an IRA rollover gift in 2021.

### CHARITABLE GIFT ANNUITY

You transfer your cash or appreciated property to Carmel Manor in exchange for our promise to pay you fixed income (with rates based on your age) for the rest of your life.

### CHARITABLE UNITRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with income for life or a term of years.

### CHARITABLE ANNUITY TRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with fixed income for life or a term of years.

### CHARITABLE LEAD TRUST

You transfer your cash or property to fund a lead trust that makes gifts to us for a number of years. You receive a charitable deduction for the gift. Your family receives the remainder at substantial tax savings.

### CASH DONATION

Making a gift for the benefit of others offers a wonderful way to affirm our values and priorities.

You can make a gift through our secure web site [www.carmelmanor.com](http://www.carmelmanor.com) or by calling our Director of Development, Tony Bonomini, [tbonomini@carmelmanor.org](mailto:tbonomini@carmelmanor.org) with your credit card information, or by mailing your check payable to “Carmel Manor” Carmel Manor is a 501- C3 Non-Profit. All gifts are tax-deductible as allowed by law and each donor will receive an acknowledgement from Carmel Manor.

**“We are extremely grateful to all of our generous donors.. We thank you from the bottom of our hearts.”**

**Always Consult your financial advisor before making any contribution**



Community Rewards benefiting Carmel Manor. If you have not enrolled yet, you can enroll in community rewards at [krogercommunityrewards.com](http://krogercommunityrewards.com)

**Carmel Manor**

**Identification number is IN918 or 94557.**

*This program does not effect your fuel points:*

Dear Carmel Manor (IN918),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use, The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well.

Thank you for being such an important organization in our community,

Community Rewards Staff

**February 2021 thru April 2021**

**52 HOUSEHOLDS = \$270.43**

If you have any questions, please email [CincinnatiCommunityRewards@kroger.com](mailto:CincinnatiCommunityRewards@kroger.com) or visit our website at <http://www.kroger.com>.