

August 2021 Dear Family and Friends,

There is a lot happening at Carmel Manor!

We had a change in our Business Office. Jason Dew resigned after many years of dedicated service to Carmel Manor. We wish him the best. Welcome our new Business Office Manager, Taylor Thompson. Taylor joined us at the end of July. Taylor has experience as a Business Office Manager, but this is her first time in a Senior Care setting. She can be reached at extension 233.

We welcome Chelsea Cornwell, RN as our new Nurse Manager. She will be working with Beth Riddle, RN our new DON. We are excited to have Chelsea join us on the Nursing Leadership Team.

I will be leaving Carmel Manor as of August 12th. I am grateful for my time with the Carmelite Sisters and will continue to pray for the success of their ministry.

The COVID positivity rate is increasing, we will be watching the numbers and adjusting our resident and staff testing requirements. We are hoping that we don't have to limit visitation so... Please...

Wear your mask, wash your hands, keep your distance! Stay healthy!

Best Wishes,

Denise Corrou

Administrator







Sponsored by the Carmelite Sisters, whose sole mission is to care for the aged and infirm. That mission informs everything we do: every policy we set, every staff person we hire, and every moment of every day. We offer five



<u>August</u> <u>Birthdays</u> Benita L. Jerry S. Rose H. Joann P. Helen T. Louise

CARMEL MANOR WE ARE HIRING Do you want to work in a Catholic Home that values each individual Person? Join us at Carmel <u>Manor</u> "The Difference is Love".

CNA (Certified Nurse Assistants) Day shift 7a-7p or 7p-7a Housekeeper – Day Shift Cook- Day Shift

Benefits: Health Insurance, Vision, Dental, Paid time off and more Benefits available for Part Time Employees

Contact Kaleigh Dyer in Human Resources at 859.781.5111 ext. 218 or 859-444-7162 or kdyer@carmelmanor.org





"If you are kind in thought, word and deed, you will bring peace no matter where you go."

Vernable Mary Angeline McCrory

Carmel Manor admits all persons without regard to race, color, age, physical handicap, national origin, religious preference or sex and makes available to all such persons all facilities and programs of Carmel Manor.

A Prayer for the Deceased

O God, Creator and Redeemer of all Your faithful people, grant to the souls of all our faithful departed Your mercy, light and peace.

Lord, we pray that those we love who have gone before us in faith, may know Your forgiveness for their sins, and the blessings of everlasting life, in company with the Virgin Mary and all the angels and saints in heaven. Amen.

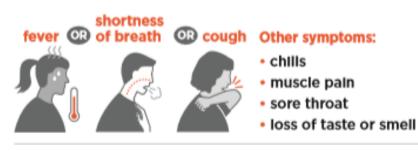
In memory of our former residents

Thank you to families who mentioned Carmel Manor in remembrance of their loved ones "In Lieu of Flowers"

JoAnn Mohr, Virginia Vickers

PLEASE PROTECT YOURSELF AND COWORKERS FROM COVID-19 Public Health Seattle & King County

Stay home if you have any of these symptoms:



DO wear a face covering safely.

Tighten the loops or tles so it's snug around your face, without gaps. Mask should cover from Just under the bridge of your nose to under your chin. This is about as long as singing the "Happy Birthday Song" twice.

Wash your hands often

for 20 seconds.

- Always wash your hands before and after wearing a mask.
- Use the ties or loops to put your mask on and pull it off.
- Don't touch the front of the mask, especially when you take it off.
- Put on and remove your mask while inside your home. Public transportation, elevators and stairwells can be high-contamination areas.
- Wash and dry your cloth mask daily and keep it in a clean, dry place.
- Remember that masks offer only limited protection and work best in combination with hand washing and physical distancing.



DON'T: Wear the mask below your nose.



DON'T: Leave your chin exposed.



DON'T: Wear your mask loosely with gaps on the sides.



DON'T: Wear your mask so It covers just the tip of your nose.



DON'T: Push your mask under your chin to rest on your neck.

The Difference is Love Palliative Care and Dementia Care.

In providing Palliative Care we also include Dementia Care and helping family members and staff understand more about dementia and how to communicate.

First, is the question of What is Dementia:

- It is a set of symptoms affecting intellectual abilities including memory, language, judgement and reasoning.
- Symptoms are severe enough to interfere with a person's ability to manage daily
 functions such as managing finances, household duties, work or leisure activities, etc.
- Alzheimer's disease is the most common cause of dementia, but other diseases can cause dementia (such as Parkinson's Disease, Stroke, Vascular Disease).

From a Palliative Care point of view, communication technique is important in dealing with someone with Dementia. It is important to remember that we are still talking to an adult, someone who is experiencing a change in ability to understand their surroundings and needs.

Secondly, what approach helps in communicating with someone with Dementia:

- Approach from the front and introduce yourself (even when you may be well known to the person)
- Take things slow try not to rush.
- Ask simple questions make simple statements.
- Limit "reality" checks

It is difficult to reorient someone with dementia – their perception is different than yours

Enter "their world", it ok to talk about the person that or thing that they think is next to them. They may think you are a family member, it's ok.

- Keep eye contact, and a friendly expression. Those with dementia are still able to read body language actually better than what is being said.
- Use a calm soothing voice, but do not talk "down" to the person.
- Reduce distractions when possible.

We are always willing to talk with family members and staff to answer questions they may have about Palliative Care and/or Dementia. We thank you for entrusting the care of your loved one to Carmel Manor. If you have any questions, please feel free to contact our Social Services Department at 859-781-5111 gxt 214 or email Merrie Hagemann at mhagemann@carmelmanor.org.

Merrie Kay Hagemann, MSW, CSW Social Services Director Carmel Manor 100 Carmel Manor Rd Ft. Thomas, KY 41075 859-781-5111 gxt 214 Fax 859-781-2337

Carmel Manor Olympics July 26 August 6, 2021



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Monday July 26th-

10:45 am – Volleyball- Olympic Arena USA vs Japan 2 pm – Volleyball- Olympic Arena Japan vs France

Tuesday July 27th-

10:45 am Torch Run through Carmel Manor

2:00 pm Volleyball- Olympic Arena France vs USA

Wednesday July 28th-

10:45 am Tennis -France 11;15 am Tennis -USA 11:30 am Tennis-Japan 2:00 Olympic Bingo- Olympic Arena

Thursday July 29th-

10:45 am Basketball USA 10:45 am Basketball Japan 2:00 pm Basketball France

Friday July 30th-

10:45 am Soccer-Japan/ USA 11:15 Soccer- France/Japan 2:00pm Olympic Bingo-Olympic Arena 3:00 pm Mandatory Athlete Rest Period

Olympic Arena- is Carmel Corner France is St. Joseph Japan is St. Joseph USA is St. Therese

Monday August 2nd-

10:45 am Relay Race- Olympic Stadium 2:00 pm Relay Race-Olympic Stadium

Tuesday August 3rd-

10:45 am Javelin Throw-France 11:15am Javelin Throw-USA 2:00 pm Javelin Throw-Japan

Wednesday August 4th-

10:45 am Shot-Put-France 11:15am Shot Put-USA 11:30am Shot Put -Japan 2:00 pm Flag Bingo -Olympic Arena

Thursday August 5th-

10:45 am Olympic Ring Toss-France

11:15am Olympic Ring Toss-Japan

2:00 pm Olympic Ring Toss -USA

Friday August 6th-

11:00am Award Ceremony in the Olympic Arena

Athlete's Oath

In the name of all competitors, I promise that we shall take part in these Olympic Games respecting and abiding by the rules that govern them, committing ourselves to a sport without doping and without drugs in the true spirit of sportsmanship, for the glory of sport and the honor of our team.





Basketball

Carmel Manor

Olympics 2021

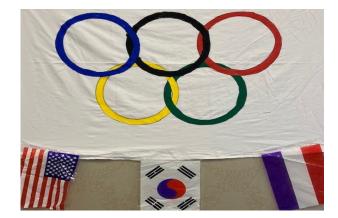














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Rosary 1 10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour BENITA L	9:30 Rosary 2 10:00 MASS Carmel Manor Olympics Continue 11:20 Shot Put 3:00 Discus 3:45 Olympic Happy Hour	10:00 Mass 11:15 Javelin Throw 3:00 Javelin Throw 4:00 Olympic Happy Hour	9:30 Rosary 4 10:00 MASS 10:45 Relay Race 2:00 Flag Bingo 3:00 Happy Hour	9:30 Rosary 10:00 MASS 11:15 Olympic Ring Toss 2:00 Olympic Trivia 3:00 Sing A Long 4:00 Happy Hour	9:30 Rosary 6 10:00 MASS 11:00 Olympic Award Caremony in the Olympic Arena 200 2:00 Bingo 3:00 Happy Hour	11:00 Morning Stretch 2:00 Saturday Matinee 3:45 Happy Houi
9:30 Rosary 8 10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	10:00 MASS 10:45 Nails and Hand Massages	9:30 Rosary 10 10:00 MASS 10:45 Morning Stretch 2:00 Resident Council 3:00 The Parachute 4:00 Happy Hour	10:00 MASS	9:30 Rosary 12 10:00 MASS 10:45 Volleyball 2:00 Name That Sound 3:00 Finish the Sentence 4:00 Happy Hour	2 9:30 Rosary 13 10:00 MASS 10:00 Painting Rocks with Pal and the Girls 2:00 Bingo in Carmel Corner 3:00 Happy Hour	11:00 Morning Stretch
10:00 MASS 2:00 Cheer Visits	9:30 Rosary 16 10:00 MASS 10:45 Nails and Hand Massages 2:00 Elvis Movies All Week 4:00 Happy Hour JOANN P.	10:00 MASS	10:00 MASS	9:30 Rosary 19 10:00 MASS 10:45 Volleyball 2:00 Elvis Movies All Week 4:00 Happy Hour	9:30 Rosary 20 10:00 MASS 10:45 Sing A Long 2:00 Elvis Movies All Week 3:00 Happy Hour	11:00 Morning Stretch 2:00 Saturday Matinee 3:45 Happy Hour
9:30 Rosary 22 10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	9:30 Rosary 23 10:00 MASS 10:45 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour	10:00 MASS 10:45 Morning Stretch 2:00 Trivia	9:30 Rosary 25 10:00 MASS 10:45 Crosswords 2:00 Funny Videos 4:00 Happy Hour HELEN T.	9:30 Rosary 26 10:00 MASS 10:45 Morning Stretch 2:00 Volleyball 4:00 Happy Hour	9:30 Rosary 27 10:00 MASS 10:45 Cheer Visit 2:00 Bingo in CC 3:00 Happy Hour in CC	11:00 Morning Stretch 2:00 Saturday Matinee 3:45 Happy Houi
9:30 Rosary 29 10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	9:30 Rosary 30 10:00 MASS 10:45 Nails and Hand Massages 2:00 Cheer Visits 4:00 Happy Hour LOUISE	9:30 Rosary 31 10:00 MASS 10:45 Morning Stretch s:00 loc Cream. Social 4:00 Happy Hour			st 2021 Seph Terrace Activ	vities
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Rosary	1 9:30 Rosary 10:00 MASS	2 9:30 Rosary 10:00 Mass	3 9:30 Rosary 10:00 MASS	49:30 Rosary	5 9:30 Rosary 10:00 MASS	6 9:45 Morning Stretch

Carmel Manor 100 Carmel	Manor Rd. Ft. Thomas, K	Y 41075 859-781-5111 ww	w.carmelmanor.org	activiti	es are subject to change	10 10
10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	10:00 MASS 10:45 The Nail Clinic and Hand Massages 2:00 The Nail Clinic and Hand Massages 4:00 Happy Hour LOUISE	9:30 Rosary 31 10:00 MASS 10:45 Morning Stretch 2:00 Ice Cream Social in Carmel Corner- followed by a visit to the floor 4:00 Happy Hour	- Internet	Augus		vities
10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	10:00 MASS 10:45 Nails and Hand Massages 2:00 The Nail Clinic and Hand Massages 4:00 Happy Hour	10:00 MASS 10:45 Morning Stretch 2:00 Trivia 3:00 IN2L Puzzles 4:00 Happy Hour	10:00 MASS 10:45 Crosswords 2:00 Funny Videos	10:00 MASS 10:45 Morning Stretch 2:00 Volleyball		28 9:45 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour
10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	10:45 Nails and Hand Massages 2:00 Elvis Movies All Week 4:00 Happy Hour JOANN P.	10:00 MASS 10:45 Morning Stretch 2:00 Elvis Movies All Week 4:00 Happy Hour	10:00 MASS 10:45 Crosswords 2:00 Elvis Movies All Week 4:00 Happy Hour	10:00 MASS 10:45 Volleyball 2:00 Elvis Movies All Week 4:00 Happy Hour 6:30 Resident's Choice	9:30 Rosary 20 10:00 MASS 10:45 Guess that Sound 2:00 Elvis Movies All Week 2:00 Bingo in Carmel Corner 3:00 Happy Hour	9:45 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour
10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	10:00 MASS 10:45 Nails and Hand Massages 2:00 The Nail Clinic and Hand Massages 4:00 Happy Hour	10:00 MASS 10:45 Morning Stretch 2:00 Resident Council 3:00 IN21 Fun	10:00 MASS 10:45 Crosswords 2:00 Puzzles 4:00 Happy Hour	10:00 MASS 10:45 Volleyball 2:00 Name That Sound 3:00 Finish the Sentence 4:00 Happy Hour	9:30 Rosary 13 10:00 MASS 11:00 Painting Rocks with Pat and the Girls in Carmel Corner 2:00 Bingo in Carmel Corner 3:00 Happy Hour	9:45 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour ROSE H.
BENITA L.	10:00 MASS Carmel Manor Olympics Continue 11:20 Shot Put 3:00 Discus 3:45 Olympic Happy Hour	4:00 Olympic Happy Hour	10:00 MASS 10:45 Relay Race 2:00 Flag Bingo ??? 3:00 Happy Hour	2:00 Olympic Trivia	10:00 MASS 11:00 Olympic Award Ceremony in the Olympic Arena 2:00 Bingo 3:00 Happy Hour	9:45 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour

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10:00 MASS 2:00 Cheer Visits 3:45 Happy Hour	9:30 Rosary 23 10:00 MASS 10:45 Nails and Hand Massages 2:00 The Nail Clinic and Hand Massages 3:45 Happy Hour	10:00 MASS 10:45 Morning Stretch	10:00 MASS	9:30 Rosary 26 10:00 MASS 10:45 Morning Stretch 2:00 Volleyball 3:45 Happy Hour 6:30 Resident's Choice	9:30 Rosary 27 10:00 MASS 10:45 Cheer Visit 2:00 Bingo in CC 3:00 Happy Hour in CC	28 9:45 Morning Stretch 1:15 Saturday Matinee 3:45 Happy Hour
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Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111 www.carmelmanor.org

activities are subject to change



NEWS AROUND "CARMEL CORNER"

From the desk of Tony Bonomini, Director Development & Marketing

""THANK YOU""



SUPPORT OUR MISSION TO CARE "NOW MORE THAN EVER"

THE DIFFERNECE IS LOVE

You can support Carmel Manor via cash donations and a number of other methods of contribution:

Shopping Rewards, Memorials, Appeals, Bequest, Wills / Trust, Cash Donation Capital Needs.

Amazon Smile: Amazon customers can support Carmel Manor each time they shop. Log on to <u>www.smile.amazon.com</u> using your regular Amazon credentials and select Carmel Manor. Once you are signed up, 0.5% of your subsequent purchases on smile.amazon.com will come to Carmel Manor.

Kroger Community Rewards: Carmel Manor can benefit every time you shop at any Kroger store in the Northern Kentucky and Greater Cincinnati area. Enroll your <u>Kroger Plus Card</u> and enter our member number (94557). (Does not impact your fuel points!

Memorials: We are grateful to the family members who mention Carmel Manor in their loved ones Obituary

Bequest / Wills & Trust: Contact Tony Bonomini at tbonomini@carmelmanor.org 859.781.5111 x 267 for more info. B E Q U E S T

You designate Carmel Manor as the beneficiary of your asset by will, trust or other instrument. Already have a designated gift to Carmel Manor in your will? Let us know who it is in remembrance of by contacting Tony Bonomini at 859-781-5111 x267

IRA ROLLOVER

Congress recently enacted a permanent extension of the IRA Charitable Rollover. As a result, you can make an IRA rollover gift in 2021.

CHARITABLE GIFT ANNUITY

You transfer your cash or appreciated property to Carmel Manor in exchange for our promise to pay you fixed income (with rates based on your age) for the rest of your life.

CHARITABLE UNITRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with income for life or a term of years.

CHARITABLE ANNUITY TRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with fixed income for life or a term of years.

CHARITABLE LEAD TRUST

You transfer your cash or property to fund a lead trust that makes gifts to us for a number of years. You receive a charitable deduction for the gift. Your family receives the remainder at substantial tax savings.

CASH DONATION

Making a gift for the benefit of others offers a wonderful way to affirm our values and priorities.

You can make a gift through our secure web site <u>www.carmelmanor.com</u> or by calling our Director of Development, Tony Bonomini, tbonomini@carmelmanor.org with your credit card information, or by mailing your check payable to "Carmel Manor" Carmel Manor is a 501- C3 Non-Profit. All gifts are tax-deductible as allowed by law and each donor will receive an acknowledgement from Carmel Manor.

"We are extremely grateful to all of our generous donors.. We thank you from the bottom of our hearts." *Always Consult your financial advisor before making any contribution*



Community Rewards benefiting **Carmel Manor**. If you have not enrolled yet, you can enroll in community

rewards at krogercommuntyrewards.com

Carmel Manor

Identification number is IN918 or 94557.

This program does not effect your fuel points:

Dear Carmel Manor (IN918),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use, The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well.

Thank you for being such an important organization in our community,

Community Rewards Staff

April 2021 thru June 2021

49 HOUSEHOLDS = \$310.00

If you have any questions, please email <u>CincinnatiCommunityRewards@kroger.com</u> or visit our website at

http://www.kroger.com.