April 2021

"Now More Than Ever" *The Difference Is Love*

Issue 4

Check out the monthly

Calendar for April 2021

NO Mass Scheduled for general public 10 am Resident ONLY





Sponsored by the Carmelite Sisters, whose sole mission is to care for the aged and infirm. That mission informs everything we do: every policy we set, every staff person we hire, and every moment of every day. We offer five

April 2021

Dear Family and Friends,

Greetings from Carmel Manor. We are so happy to welcome our families back to Carmel Manor. We have missed you!

We are continuing to do everything we can to keep our residents and staff safe. We conduct weekly testing of all staff and contractors. Our vaccine clinics in January and February went well with over 94% of our residents getting both doses. We are working with our consultant pharmacy to schedule an additional clinic for new residents and any staff who are ready to be vaccinated. We know that we will get through this difficult time if we all work together.

Please continue to wear your mask in public, even if you are vaccinated. And wash and sanitize your hands frequently.

We look forward to seeing you soon!

Sincerely,

Denise Corrou Administrator





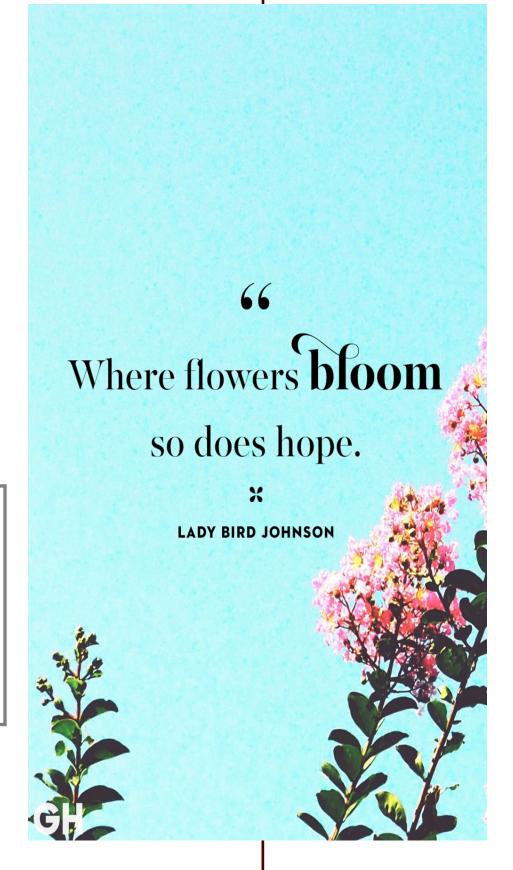
<u>April</u> <u>Birthdays</u>

Bob E
Janice
Betty H
Jane R
Marge M
George F

Looking for a Challenging and Rewarding Career

CNAs, KMAs, LPNs, RNs

www.carmelmanor.com
If you know of anyone
interested contact Kaleigh
Dyer at 859.781.5111 x 218 or
kdyer@carmelmanor.org



A Prayer for the Deceased

O God, Creator and Redeemer of all Your faithful people, grant to the souls of all our faithful departed Your mercy, light and peace.

Lord, we pray that those we love who have gone before us in faith, may know Your forgiveness for their sins, and the blessings of everlasting life, in company with the Virgin Mary and all the angels and saints in heaven.

Amen.

In memory of our former residents

Thank you to families who mentioned Carmel Manor in remembrance of their loved ones "In Lieu of Flowers"

Arthur Frimming, Elizabeth Honchell, Virgie Sharp Lilian Kyrkos, Dorothy Gabbard

VISITORS POLICY

CARMEL MANOR

In mid-March we were very excited to be able to welcome family and friends back to Carmel Manor. We wish to thank everyone for helping us to follow the guidelines that the Governor gave to nursing homes.

It is important that we continue to comply with certain core infection control principles. Because of this we continue to ask you to agree to maintain safe practices. You will continue to be asked to schedule visits through our Receptionist at least 24 hours in advance. We will continue to take your temperature upon arrival and ask you to complete the screening tool.

You will be required to wear a mask, that we will provide, during the entire visit. If your loved one is in a private room, the visit will be in their room. If your loved one resides in a semi-private room, the visit will be in the Parlor. For these visits we can accommodate 2 people visiting each resident. At this point, we ask that visitors be at least 14 years of age.

Our staff will accompany you to the visit location but will not stay during your visit. Visitors must stay in the visit location until it is time to leave and then must directly exit the unit. Please note that visits are limited to 40 minutes to accommodate as many visits as possible. We ask that all visitors keep this in mind in fairness to all our residents and families.

If you have any questions, please call Merrie Hagemann or Denise Corrou. Thank you for helping us in welcoming visitors back to Carmel Manor and our residents.

PLEASE PROTECT YOURSELF AND COWORKERS FROM





Stay home if you have any of these symptoms:













- sore throat
- loss of taste or smell

Wash your hands often for 20 seconds.



DO wear a face covering safely.



Tighten the loops or ties so It's snug around your face, without gaps.



Mask should cover from just under the bridge of your nose to under your chin.

- Always wash your hands before and after wearing a mask.
- Use the ties or loops to put your mask on and pull it off.
- Don't touch the front of the mask, especially when you take it off.
- Put on and remove your mask while inside your home. Public transportation, elevators and stairwells can be high-contamination areas.
- Wash and dry your cloth mask daily and keep it in a clean, dry place.
- Remember that masks offer only limited protection and work best in combination with hand washing and physical distancing.



DON'T: Wear the mask below your nose.



DON'T: Leave your chin exposed.



DON'T: Wear your mask loosely with gaps on the sides.



DON'T: Wear your mask so It covers just the tlp of your nose.



DON'T: Push your mask under your chin to rest on your neck.

Protect yourself from COVID-19 and stop the spread of germs.

Simple steps help stop the spread of COVID-19 and other viruses:



Wash your hands often with soap and water for at least 20 seconds, especially before eating.



Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.

Stay up to date by visiting www.ny.gov/coronavirus

Hand-washing technique with soap and water



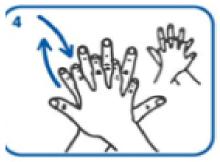
Wet hands with water



Apply enough soap to cover all hand surface



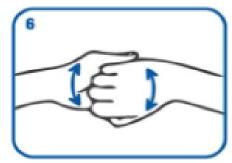
Rub hands palm to palm



Rub back of each hand with palm of other hand with fingers interlaced



Rub palm to palm with fingers interlaced



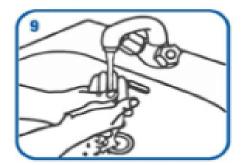
Rub with back of fingers to opposing palms with fingers interlaced



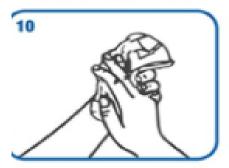
Rub each tumb clasped in opposite hand using a rotational movement



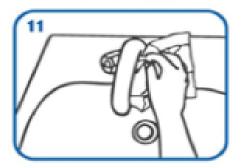
Rub tips of fingers in opposite palm in a circular motion



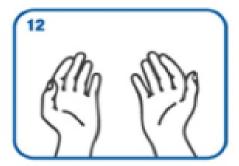
Rinse hands with water



Dry thoroughly with a single-use towel



Use towel to turn off faucet



Hand washing should take 15-30 seconds

The Difference is Love

This month we are introducing information about Palliative Care and what it means at Carmel Manor.

For Carmel Manor, based on the Carmelite Sisters for the Aged and Infirm Mission and Philosophy, Palliative Care begins for our residents at admission. Palliative Care is not dependent on prognosis and is provided throughout each resident's stay, in nursing or rehabilitative care.

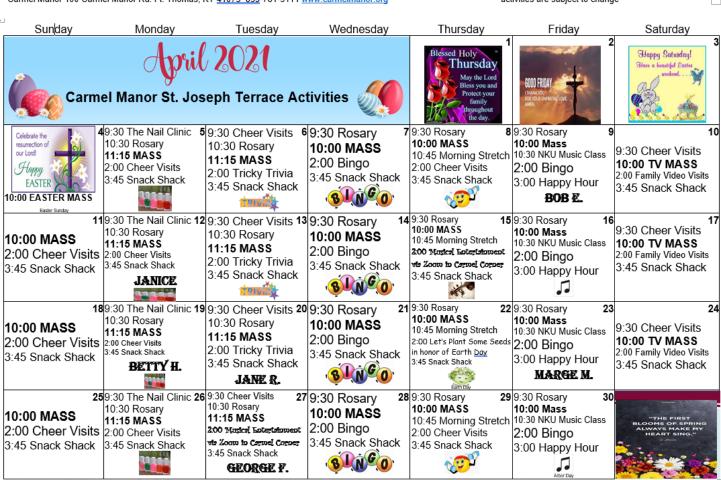
The goal of palliative care is to bring comfort and support to all those who are admitted to Carmel Manor. Every person admitted is assessed in the different areas of pain. Care is provided through the prevention, assessment and treatment of physical, emotional, familial and spiritual pains. The intensity of palliative care increases as the disease process progresses with the emphasis on one aspect of care or another changing as the resident needs dictate.

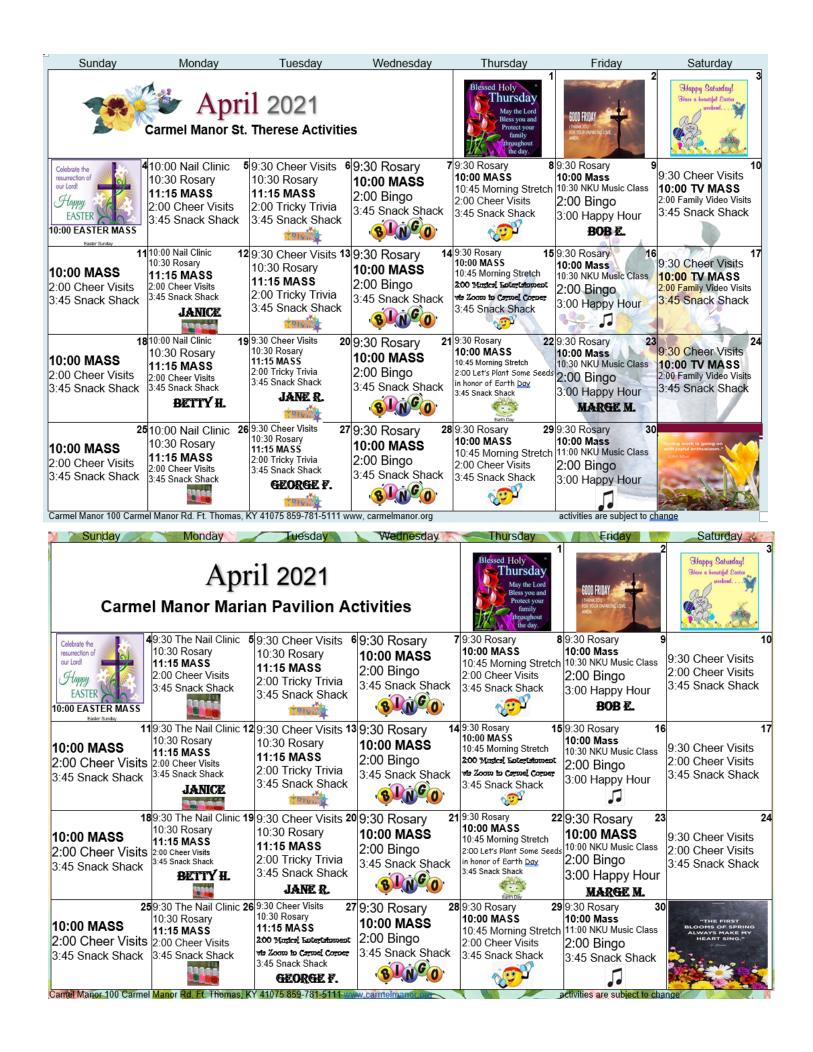
There can be some confusion about Palliative Care and Hospice Care. All hospice care is palliative but all palliative care is not hospice care. This is a matter of timing and End-of-Life or Hospice care is to relieve pain and ease suffering provided to those who are clearly dying. Palliative Care can be combined with curative care or with less aggressive care.

In coming months we will provide additional information on Palliative Care and Dementia Care. We hope that you will find these articles helpful and reassuring of Carmel Manor's "Mission to Care". If you have any questions please feel free to contact our Social Services Department at 859-781-5111 ext. 214 or email Merrie Hagemann at mhagemann@carmelmanor.org.

Thank you for entrusting care of your loved ones to Carmel Manor and our staff

+‡+ Sunday Monday Tuesday Wednesday Friday Saturday Thursday Happy Saturday! Thursday **April 2021** May the Lore Carmel Manor Personal Care Activities 49:30 The Nail Clinic 59:30 Cheer Visits 69:30 Rosary 7 9:30 Rosary 8 9:30 Rosary Colobrate the 10:30 Rosary 10:00 MASS 10:00 Mass 10:30 Rosary resurrection of 10:00 MASS 9:30 Cheer Visits 10:30 NKU Music Class our Lord! 11:15 MASS 10:45 Morning Stretch 11:15 MASS 1:15 Saturday Matinee 2:00 Bingo 2:00 Cheer Visits 2:00 Cheer Visits 2:00 Bingo Happy 2:00 Tricky Trivia 3:45 Snack Shack 3:45 Snack Shack 3:45 Snack Shack 3:45 Snack Shack 3:00 Happy Hour EASTER 3:45 Snack Shack BOB E. 10:00 EASTER MASS 119:30 The Nail Clinic 12 9:30 Cheer Visits 13 9:30 Rosary 14 9:30 Rosary 10:00 MASS 15 9:30 Rosary 16 10:00 Mass 10:30 Rosary 10:30 Rosary 9:30 Cheer Visits 10:00 MASS 10:00 MASS 10:45 Morning Stretch 10:30 NKU Music Class 11:15 MASŚ 11:15 MASS 1:15 Saturday Matinee 2:00 Bingo 2:00 Musical Entertain 2:00 Cheer Visits 2:00 Cheer Visits 2:00 Bingo 2:00 Tricky Trivia 3:45 Snack Shack 3:45 Snack Shack 3:45 Snack Shack via Zoom in Carmel Corner 3:45 Snack Shack 3:00 Happy Hour 3:45 Snack Shack 3:45 Snack Shack **JANICE** J 189:30 The Nail Clinic 19 9:30 Cheer Visits 20 9:30 Rosary 22 9:30 Rosary 21 9:30 Rosary 23 10:00 MASS 10:30 Rosary 10:00 Mass 10:30 Rosary 10:00 MASS 9:30 Cheer Visits 10:00 MASS 10:45 Morning Stretch 10:30 NKU Music Class 11:15 MASŚ 11:15 MASS 1:15 Saturday Matinee 2:00 Bingo 2:00 Let's Plant Some Seeds 2:00 Cheer Visits 2:00 Cheer Visits 2:00 Bingo 2:00 Tricky Trivia in honor of Earth Day 3:45 Snack Shack 3:45 Snack Shack 3:45 Snack Shack 3:45 Snack Shack 3:00 Happy Hour 3:45 Snack Shack 3:45 Snack Shack BETTÝ H. Marge M. JANER. 25 9:30 The Nail Clinic 26 9:30 Cheer Visits 27 9:30 Rosary 28 9:30 Rosary 29 9:30 Rosarv 30 10:30 Rosary 10:30 Rosarv 10:00 MASS 10:00 Masś 10:00 MASS 10:00 MASS 11:15 MASS 10:45 Morning Stretch 11:15 MASŚ 11:00 NKU Music Class Spring a lovely eminder of how beautiful 2:00 Bingo 2:00 Cheer Visits 2:00 Cheer Visits 2:00 Musical Entertains 2:00 Cheer Visits 2:00 Bingo 3:45 Snack Shack via Zoom in Carmel Corper 3:45 Snack Shack GEORGE F. Carmel Manor 100 Carmel Manor Rd. Ft. Thomas, KY 41075 859-781-5111 www.carmelmanor.org activities are subject to change





































St. Patrick's Day Fun at Carmel Manor

NEWS AROUND "CARMEL CORNER"

From the desk of Tony Bonomini, Director Development & Marketing



SUPPORT OUR MISSION TO CARE "NOW MORE THAN EVER" THE DIFFERNECE IS LOVE

You can support Carmel Manor via cash donations and a number of other methods of contribution:

Shopping Rewards, Memorials, Appeals, Bequest, Wills / Trust, Cash Donation Capital Needs.

Amazon Smile: Amazon customers can support Carmel Manor each time they shop. Log on to www.smile.amazon.com using your regular Amazon credentials and select Carmel Manor. Once you are signed up, 0.5% of your subsequent purchases on smile.amazon.com will come to Carmel Manor.

Kroger Community Rewards: Carmel Manor can benefit every time you shop at any Kroger store in the Northern Kentucky and Greater Cincinnati area. Enroll your <u>Kroger Plus Card</u> and enter our member number (94557). (Does not impact your fuel points!

Memorials: We are grateful to the family members who mention Carmel Manor in their loved ones Obituary

Spring & Winter Appeals: May & November 2021

Bequest / Wills & Trust: Contact Tony Bonomini at tbonomini@carmelmanor.org 859.781.5111 x 267 for more info.

BEQUEST

You designate Carmel Manor as the beneficiary of your asset by will, trust or other instrument. Already have a designated gift to Carmel Manor in your will? Let us know who it is in remembrance of by contacting Tony Bonomini at 859-781-5111 x267

IRA ROLLOVER

Congress recently enacted a permanent extension of the IRA Charitable Rollover. As a result, you can make an IRA rollover gift in 2021.

CHARITABLE GIFT ANNUITY

You transfer your cash or appreciated property to Carmel Manor in exchange for our promise to pay you fixed income (with rates based on your age) for the rest of your life.

CHARITABLE UNITRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with income for life or a term of years.

CHARITABLE ANNUITY TRUST

You transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with fixed income for life or a term of years.

CHARITABLE LEAD TRUST

You transfer your cash or property to fund a lead trust that makes gifts to us for a number of years. You receive a charitable deduction for the gift. Your family receives the remainder at substantial tax savings.

CASH DONATION

Making a gift for the benefit of others offers a wonderful way to affirm our values and priorities.

You can make a gift through our secure web site www.carmelmanor.com or by calling our Director of Development, Tony Bonomini , tbonomini@carmelmanor.org with your credit card information, or by mailing your check payable to "Carmel Manor" Carmel Manor is a 501- C3 Non-Profit .All gifts are tax-deductible as allowed by law and each donor will receive an acknowledgement letter.

Always Consult your financial advisor before making any contribution



Community Rewards benefiting Carmel Manor. If you have not enrolled yet, you can enroll in community

rewards at <u>krogercommuntyrewards.com</u>

Carmel Manor

Identification number is IN918 or 94557.

This program does not effect your fuel points:

Dear Carmel Manor (IN918),

The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to not just part of, but to help create a stronger community. We recognize that every community has unique causes that need support. Thank you for being such an important organization in our community.

We encourage you to ask your supporters to link their rewards card to your organization. Community Rewards is easy to use, The more your supporters shop with us, the more money your organization will earn!

We are committed to carefully protecting our customer's personal information. In order to meet their expectation of privacy, we have adopted a simple policy to never share a customer's personal information. Our privacy policy applies to Community Rewards participation as well.

Thank you for being such an important organization in our community,

Community Rewards Staff

January 2021 thru February 2021

55 HOUSEHOLDS = \$315.44

If you have any questions, please email <u>CincinnatiCommunityRewards@kroger.com</u> or visit our website at http://www.kroger.com.