



Upcoming Events

Sept 3 Labor Day & Founders Day, Carmel Manor

Sept 9th Grand Parents Day

Sept 13th Skyline Fundraiser

Sept 27th Frisch's Fundraiser Cold Springs, KY 4pm—9pm

Sept 11&13 Palliative Care (Free)

Sept 15 Community Dementia class (Free)

Mass Schedule:
10am Sundays
6pm Saturdays

Changing Times Changing Seasons.

It will soon be time when the seasons change, and we move from the Summer heat into the Fall cool crisp air, with turning leaves, and brilliant autumn colors. Some say that Fall is too short and heralds the beginning of Winter with its cold days and dark evenings and therefore do not look forward to this Fall season with the same anticipation. Yet we never remain in darkness, one season gives way to the next, and the months melt away until we are once again at the dawning of Spring with its breathtaking light.

Our journey through life is marked with periods of darkness and light, fear and hope, change and constancy. Some say, **“the more things change, the more they stay the same”**. The Lord who sees all and surrounds us with His love is the constancy on the journey. He is the light in our darkness and the hope that eases our fears. Jesus said, **“I am the Light of the world, whoever follows me will never walk in darkness but will**

have the light of life” (John 8:12).

We at Carmel Manor have seen many changes through the years and seasons. We have been privileged to care for hundreds of elderly and shared the journey with them and their families. **It is a great grace for us.** From September 3rd through the 7th we will celebrate **“Mission Week”** and honor our staff who help make our mission possible with their loving compassionate care given to our residents. We are grateful for the **shining light** they bring to our world and thank them for sharing the journey with us.

Sister Diane



Sponsored by the Carmelite Sisters, whose sole mission is to care for the aged and infirm. That mission informs everything we do: every policy we set, every staff person we hire, and every moment of every day. We offer five levels of care in our Ft. Thomas, Kentucky facility: personal care and skilled nursing care, rehabilitation, memory and long term care. In addition to meeting the physical, social, spiritual, and personal needs, our staff works to connect personally with each resident, and get to know their story.



Our friends at the Skyline Chili, on 199 Martha Layne Collins Blvd in Cold Spring, KY 41076 will donate 15% of your total to Carmel Manor when you present this flyer at check out. This offer applies to dine in, drive thru or pick up. Make your plans to bring your friends and family on **September 13, 2018**



Join Frisch's in a fundraiser and enjoy great food at the same time!
Thursday
September 27th, 2018
20% of all food and drink sales go to support
Carmel Manor

Present this printed flyer between 4pm - 9pm. Valid for Dine-in, Carry Out and Drive Thru only at participating location listed below.



Cold Spring Frisch's
5010 Alexandria Pike
Cold Spring, KY 41076



Community Rewards
benefiting **Carmel Manor**.

If you have not enrolled yet, you can enroll in community rewards at krogercommunityrewards.com

Carmel Manor's
identification n number is
IN918 or 94557.
Happy Shopping!



Evelyn, Elaine,
Carolyn R.
Helen J.
Dorothy P.
Marjorie F.
Norma, Eloise,
Joan S.

MASS Schedule
Sunday—Friday
10:00am
Saturday—6pm

**Now hiring for Nursing,
Dietary, Laundry and House-
keeping.**

If you or someone you know may be interested in a position at Carmel Manor contact Jason Dew at jdew@carmelmanor.org or come in to the front desk to fill out an application or visit our website

Sept 2018 Happenings

Activities Corner

We are going to get our kicks on Route 66. We will be traveling the historic Route 66 and learn some interesting facts about the cities along the way, from Chicago to L. A.

Get out the poodle skirts and saddle shoes, Carmel Manor Sock Hop will be on September 11 at 2pm in Carmel Corner. We will hear music from the 50's and 60's while enjoying milk shakes.

The Irish Band Foley Road will entertain the residents on Saturday , September 8 at 2pm in Carmel Corner. Slainte!

Back by popular demand, Wild Carrot- the wonderful duo will perform bluegrass and country and old hymns.

Thanks for supporting
Activities!

The Day God Took You Home

*A million times
I've needed you
A million times I've cried,
If love alone
Could have saved you
you never would have died.
In life I loved you dearly,
In death I love you still.
In my heart you hold a place,
No one else can ever fill.
It broke my heart to lose you,
But you didn't go alone
Part of me went with you,
The day God took you home.*

In memory of our former residents

Pat Cooney, Virginia "Mickey" Sander, Erma Messman,
Maurita Klingenberg

FORT THOMAS MATTERS ARTICLE - August 22, 2018

www.forththomasmatters.com

Kinder than Kindness Itself: Life at Carmel Manor



Carmel Manor Main Entrance

Caring for the elderly is **Sister Diane Mack's** life work. She is the Administrator of **Carmel Manor** and is a member to the Carmelite Sisters for the Aged and Infirm. The Carmelite Sisters have been providing physical, spiritual, and emotional care to the elderly since the establishment of the Order in 1929 in the Bronx, New York.

The Carmelite Sisters were invited by the Diocese of Covington to establish Carmel Manor on the site of Kinney Estate in 1949. For the last seven decades, Carmel Manor has evolved to continuously meet the changing needs and expectations of the community.



Bird's eye view of the grounds of Carmel Manor, 2018



OUR NEW FLAG DONATED BY WOODMEN LIFE, MARC BARONE



SENIOR EXPO 2018 - NEWPORT ON THE LEVEE

CARMEL MANOR 5 STAR RATING





Kroger is donating
\$4 million
to local organizations

Use your Kroger Plus Card and help us grow!

Supporting our organization has never been easier — just shop at Kroger and swipe your Plus Card! Here's how to enroll:

1. Visit KrogerCommunityRewards.com
2. Sign in to your online account, or create an account
3. Find and select your organization, and click "Enroll"

You'll start earning rewards for your organization right away on qualifying purchases made using your Kroger Plus Card! Learn more at KrogerCommunityRewards.com, and thank you for your support.

*Remember, you'll need to re-enroll every April.



Carmel Manor

Carmel Manor's Identification number is 94557

If you have more questions or you would like more help with applying on-line please contact Tony Bonomini at 859-781-5111 or email tbonomini@carmelmanor.org



The Kroger Co. Family of Stores is committed to bringing hope and help to the local neighborhoods we call home. Our stores are on a mission to go beyond being a part of the community to also helping create a stronger community. We appreciate your participation in our Community Rewards program to help accomplish that mission!

We have recently upgraded our Community Rewards system, and as a result, your Non-Profit Organization (NPO) has a new account number. **(IN918)** Please reference the new number when contacting us for assistance. We recommend communicating this new number to your members, and updating any marketing materials with this change. While the previous number will continue to be associated with your organization, it will not be visible to your members when enrolling. New members can enroll by searching for either the **new number** or the **name of your organization**.

If you have any questions, please email CincinnatiCommunityRewards@kroger.com or visit our website at <http://www.kroger.com>.

NEWS AND EVENTS YOU NEED TO KNOW

FROM THE Desk of Tony Bonomini, Development and Marketing Director

September 2018

September 3 Labor Day & Carmel Manor Founders Day

September 9 Grand Parents Day

September 13 Skyline Chili Community Fundraiser (see flyer)

September 15 FREE COMMUNITY DEMENTIA CLASS 10am to 12pm

Presented by: Mirna Eads, RN , Education Director RSVP 859-781-5111 x270

September 27 Frisch's Community Fundraiser (see Flyer)



October 6 2018 WALK TO END ALZHEIMER'S It would be great to get a team together from Carmel Manor to do this walk . The team could include employees and their families as well as resident families. It would be a good marketing while promoting wellness Link to register or call me directly.

http://act.alz.org/site/TR/Walk2018/OH-GreaterCincinnati?pg=entry&fr_id=11432

YOU CAN SUPPORT CARMEL MANOR IN MANY WAYS

Your generous contributions to Carmel Manor enhances ability to fulfill the primary "mission to care" providing Quality Care in a Christian Environment. Carmel Manor is a 501(c)(3) tax exempt charitable organizations and your gifts are tax deductible subject to IRS regulations.

ANNUAL FUND

Carmel Manor Annual Spring and Christmas appeal are ongoing source of revenue for all areas of Carmel Manor. Contributions may be designated for general donation or to a specific department or project. 100% of all donations to the Carmel Manor are used for direct care and services of our residents. Annual donations provide a consistent income and encourage outlying community support for Carmel Manor.

MEMORIAL GIVING

A thoughtful way to pay lasting tribute to a loved one is through a Memorial gift. If donations reach the level of \$1000 for an individual, an engraved brass memorial plate is added to our Tree of life located in North reception area. This kind gesture provides comfort for families during a difficult time. Please include the donor's name(s) and address, the person's name the gift is in memory of, the designated area of need and the relative's name and address who should receive notification of the gift.

PLANNED AND DEFERRED GIVING

Carmel Manor is dedicated to receiving and administer benevolent gifts to ensure the financial support for the continued growth of Carmel Manor. Planned or Deferred Giving is one way to create a legacy in which to ensure that the quality of care our residents and families have come to know will continue. Carmel Manor is a 501(c)(3) non-profit so all gifts are tax deductible. With the new tax law in place, we would advise you consulting your financial advisor/accountant on charitable gifts.

STEWARDSHIP & ACCOUNTABILITY

Every amount donated to Carmel Manor goes to directly meet the needs of the residents. All administrative and overhead costs are budgeted, so 100% of your contribution will support the activities, programs and projects. We value your trust in us. Be assured that all contact information of donors is kept in confidence

You may wish to consult your legal counsel prior to arranging any specific gifts

***To arrange a visit or to learn more about Carmel Manor services , facility and ways to support our Mission to Care, Best Kept Secret in NKY - Tony Bonomini at 859-781-5111 or email at tbonomini@carmelmanor.org**



FREE COMMUNITY DEMENTIA CLASS

If you have a loved one who suffers from Dementia or Alzheimer's or just want to know more, please join me on

Saturday, September 15th 10am-12pm

in the Stratman Activities Room

We will be discussing:

- what it is and what it is not
 - how it differs from aging
- how it impacts your loved one and your family
 - how you can help
- How to use the "Its Never 2 Late" program

Presented by:

Mirna Eads, RN, Education Director

*Please RSVP to Mirna Eads 859-781-5111 x 270





WHAT IS PALLIATIVE CARE?

(AN IN-SERVICE FOR FAMILIES)


YOU ARE INVITED TO A SHORT OVERVIEW OF WHAT PALLIATIVE CARE IS AND WHAT IT MEANS FOR YOU AND YOUR LOVED ONE.

WHEN: Tuesday, September 11th at 6:30pm in the
Employee Breakroom

Or


Thursday, September 13th at 6:30pm in the
Employee Breakroom

Presented by: Sister Leda Domino

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">September 2018</h1> <h2 style="margin: 0;">St. Joseph Terrace, East Wing (Marian Pavilion, St. Therese Pavilion, St. Francis) Activities</h2>						9:30 Rosary 10:00 Morning Stretch 2:00 Saturday Matinee/visits 3:30 Party Cart 6:00 MASS
9:30 Rosary 10:00 MASS 2:00 Cards/Visits 3:30 Party Cart	9:00 The Nail Clinic 9:30 Rosary 10:00 MASS 2:00 Horse Races	9:30 Rosary 10:00 MASS 11:00 Morning Stretch 2:00 Tricky Trivia 3:30 Party Cart	9:30 Rosary 10:00 MASS 11:00 Puzzles 11 First Baptist Church 2:00 Bingo NORMA, ELOEZ, MARJORIE F.	9:30 Rosary 10:00 MASS 11:00 Morning Stretch 2:00 Ball Toss/visits 3:30 Party Cart	9:30 Rosary 10:00 MASS 10:30 Arts and Crafts 2:00 Bingo 3:00 Happy Hour	9:30 Rosary 10:00 Morning Stretch 2:00 Foley Road Entertains in CC 3:30 Party Cart 6:00 MASS
9:30 Rosary 10:00 MASS 2:00 Ice Cream Social for Grandparents Day 3:30 Party Cart <small>Grandparents Day</small>	<small>Labor Day</small> 9:00 The Nail Clinic 9:30 Rosary 10:00 MASS 2:00 Horse Races 3:00 The Grub Club <small>Rosh Hashanah</small>	9:30 Rosary 10:00 MASS 10:30 Decorate for the sock hop 2:00 Sock Hop	9:30 Rosary 10:00 MASS 11:00 Puzzles 11 First Baptist Church 2:00 Bingo 3:30 Party Cart	9:30 Rosary 10:00 MASS 11:00 Morning Stretch 2:00 Ball Toss/visits 3:30 Party Cart EVELYN	9:30 Rosary 10:00 MASS 10:30 Arts and Crafts 2:00 Bingo 3:00 Happy Hour	9:30 Rosary 10 Morning Stretch 2 Saturday Matinee/visits 3:30 Party Cart 6:00 MASS ELAINE
9:30 Rosary 10:00 MASS 2:00 Puzzles/Visits 3:30 Party Cart	9:00 The Nail Clinic 9:30 Rosary 10:00 MASS 2:00 Horse Races	9:30 Rosary 10:00 MASS 11:00 Morning Stretch 2:00 Wild Carrot Entertains in CC 3:30 Party Cart	9:30 Rosary 10:00 MASS 11:00 Puzzles 11 First Baptist Church 2:00 Bingo 3:30 Party Cart <small>Yom Kippur</small>	9:30 Rosary 10:00 MASS 11:00 Morning Stretch 2:00 Ball Toss/visits 3:30 Party Cart	9:30 Rosary 10:00 MASS 10:30 Arts and Crafts 2:00 Bingo 3:00 Happy Hour	9:30 Rosary 10:00 Morning Stretch 2:00 Saturday Matinee/Visits 3:30 Party Cart 6:00 MASS CAROLYN R. <small>Luzern Sigma Chapter 828</small>
9:30 Rosary 10:00 MASS 2:00 Puzzles/Visits 3:30 Party Cart	9:00 The Nail Clinic 9:30 Rosary 10:00 MASS 2:00 Horse Races	9:30 Rosary 10:00 MASS 11:00 Travel Route 66 2:00 Relaxing Music 3:30 Party Cart DOROTHY P.	9:30 Rosary 10:00 MASS 11:00 First Baptist Church 11:00 Fun Facts about Route 66 2:00 Bingo 3:30 Party Cart	9:30 Rosary 10:00 MASS 11:00 Travel Route 66 2:00 Relaxing Music 3:30 Party Cart HELEN J.	9:30 Rosary 10:00 MASS 10:30 Arts and Crafts 2:00 Bingo 3:00 Happy Hour	9:30 Rosary 2:00 Saturday Matinee 6:00 MASS
9:30 Rosary 10:00 MASS 2:00 Puzzles/Visits 3:30 Party Cart	<small>Sukkot</small> "You go through St. Loey, Joplin, Missouri, Oklahoma City is mighty pretty; You'll see Amarillo, Gallup, New Mexico. Flagstaff, Arizona, Don't forget Winona; Klingman-Barstow-San Bernardino, Won't you get hip to this kindly tip.... Get your kicks on Route 66."					

Carmel Manor 100 Carmel Manor Rd Ft. Thomas, KY 41075 859-781-5111

activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">September 2018</h1> <h2 style="margin: 0;">Carmel Manor Personal Care Activities</h2>						9:30 Rosary 10:00 Morning Stretch 1:15 Saturday Matinee 3:30 Happy Hour 6:00 MASS
9:30 Rosary 10:00 MASS 2:00 Let's Play Cards 3:30 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Puzzle Fun 2:00 Horse Races 3:30 Happy Hour <small>Labor Day</small>	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Tricky Trivia 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Crosswords 11 First Baptist Church 2:00 Bingo 3:45 Happy Hour NORMA, ELOEZ, MARJORIE F.	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Volleyball 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:30 Craft in the Corner 2:00 Bingo 3:00 Happy Hour	9:30 Rosary 10:00 Morning Stretch 2:00 Foley Road Entertains 3:30 Happy Hour 6:00 MASS
9:30 Rosary 10:00 MASS 2:00 Ice Cream Social for Grandparents Day 3:30 Happy Hour <small>Grandparents Day</small>	<small>Labor Day</small> 9:00 The Nail Clinic 9:30 Rosary 10:00 MASS 2:00 Horse Races 3:45 Happy Hour <small>Rosh Hashanah</small>	9:30 Rosary 10:00 MASS 10:45 Decorate for Sock Hop 2:00 Sock Hop	9:30 Rosary 10:00 MASS 10:45 Crosswords 11 First Baptist Church 2:00 Bingo 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Volleyball 3:45 Happy Hour EVELYN	9:30 Rosary 10:00 MASS 10:30 Craft in the Corner 2:00 Bingo 3:00 Happy Hour	9:30 Rosary 10:00 Morning Stretch 1:15 Saturday Matinee 3:30 Happy Hour 6:00 MASS CAROLYN R. <small>Luzern Sigma Chapter 828</small>
9:30 Rosary 10:00 MASS 2:00 Let's Play Cards 3:30 Happy Hour	9:00 The Nail Clinic 9:30 Rosary 10:00 MASS 2:00 Horse Races on Route 66 3:30 Happy Hour <small>Sukkot</small>	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Travel on Route 66 3:45 Happy Hour DOROTHY P.	9:30 Rosary 10:00 MASS 10:45 Crosswords 11 First Baptist Church 2:00 Route 66 Bingo 3:45 Happy Hour	9:30 Rosary 10:00 MASS 10:45 Morning Stretch 2:00 Travel on Route 66 3:45 Happy Hour HELEN J.	9:30 Rosary 10:00 MASS 10:30 Craft in the Corner 2:00 Bingo 3:00 Route 66 Party	9:30 Rosary 10:00 Morning Stretch 1:15 Saturday Matinee 3:30 Happy Hour 6:00 MASS JOAN S.
9:30 Rosary 10:00 MASS 2:00 Let's Play Cards 3:30 Happy Hour	<small>Sukkot</small> "You go through St. Loey, Joplin, Missouri, Oklahoma City is mighty pretty; You'll see Amarillo, Gallup, New Mexico: Flagstaff, Arizona; Don't forget Winona; Klingman-Barstow-San Bernardino, Won't you get hip to this kindly tip... ... Get your kicks on Route 66"					

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activities are subject to change



Skyline Chili Community Fundraiser

To Support



Our friends at the Skyline Chili, on 199 Martha Layne Collins Blvd in Cold Spring, KY 41076 will donate 15% of your total to Carmel Manor when you present this flyer at check out. This offer applies to dine in, drive thru or pick up.

Make your plans to bring your friends and family on

September 13, 2018



Join Frisch's in a fundraiser and
enjoy great food at the same time!

Thursday

September 27th, 2018

20% of all food and drink sales go to support

Carmel Manor

Present this printed flyer between 4pm - 9pm.
Valid for Dine-in, Carry Out and Drive Thru only at
participating location listed below.



Cold Spring Frisch's
5010 Alexandria Pike.
Cold Spring, KY 41076